One Direction

拍數: 32

級數: Intermediate

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音樂: One Direction - Dan + Shay

Intro: 16 counts

After wall 8 do the Tag twice*

SEC 1 - TRIPLE STEP, ROCK STEP, TRIPLE STEP, 1/2 TURN TRIPLE STEP

- 1&2 Step RF to R side,Close LF beside R , Step RF to R side
- 3-4 Rock LF back, Recover weight on to R
- 5&6 Step LF to L side, Close RF beside L , Step LF to L side
- 7&8 Make 1/2 turn R stepping RF to R side, Close LF beside R, Step RF to R side

SEC 2 - KICK X2 SAILOR STEP, ROCK BACK/DRAG

- 1,2 Kick LF forward, kick LF to L side
- 3&4 Cross LF behind R, Step RF to R side, Step LF to L side
- 5-6 Rock RF forward , Recover on L
- 7-8 Take a large step back on RF allowing L toe to drag

SEC 3 - ROCK STEP, TRIPLE STEP ½ TURN , ROCK STEP, KICK BALL STEP

- 1-2 Rock LF back, Recover weight on to R
- 3&4 ¼ R stepping LF to L side, Step RF next to L, ¼ R stepping back L
- 5-6 Rock RF back, Recover weight on to L
- 7&8 Kick RF forward, Step down on R, Step LF forward

SEC 4 - JAZZ BOX ¼ TURN, ROCK STEP , BALL STEP TOUCH

- 1-2 Cross RF over L ,1/4 turn R step LF back,
- 3-4 Step RF to R side , Step L across R
- 5-6& Step RF to R side, Recover weight on L,Step RF next to L
- 7-8 Take a big Step to L side as you drag RF toward LF, Touch RF next L

*Tag : After wall 8 - Twice

NIGHTCLUB BASIC, WEAVE SWEEP, BEHIND, SIDE 1/4 TURN, STEP 1/2 PIVOT

- 1,2& Step RF to R side, Close LF to R, Cross RF over L
- 3-4& 1/4 turn L sweeping RF forward ,Cross RF over L ,Step LF to L
- 5-6& Step RF behind L sweeping LF back ,Step LF behind R,1/4 turn R stepping RF forward
- 7-8& Step LF forward, Step RF forward, 1/2 Turn L





牆數:4