

Macarena 2022

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Miske Findriani Paduli (INA) - January 2022
音樂: MACARENA TIKTOK (REMIXER BERKELAS)



#Tag 4C after Wall 1 (facing 09:00), Wall 7 (03:00), & Wall 9 (09:00)
#Intro Dance starts after 32C of the Music
Intro Dance (32C): Do Basic Macarena Dance (2x) with your own style

Main Dance:

Sec 1: Sway, Side Chasse R, Turn ¼ R Sway, Chasse L

1-2 Step R to R with sway R, sway L
3&4 Step R to R, step L together, step R to R
5-6 Turn ¼ R, Step L to L with sway L, sway R
7&8 Step L to L, step R together, step L to L (03:00)

Sec 2: Touch R Heel (2x), Coaster Step, Turn 1/6R Chug (3x), Together

1-2 Touch R heel forward (2x)
3&4 Step R back, step L beside R, step R forward
5-8 Turn 1/6 to R chug L to side, turn 1/6 to R chug L to side, turn 1/6 to R chug L to side, step L together (09:00)

Sec 3: Diagonal Forward R, Diagonal Shuffle, Diagonal Forward L, Diagonal Shuffle

1-2 Step R diagonal forward, step L together (07:30)
3&4 Diagonal Shuffle R-L-R
5-6 Step L diagonal forward, step R together (10:30)
7&8 Diagonal Shuffle L-R-L

Sec 4: Diagonal Back Shuffle, Turn 3/8L Forward Shuffle, Turn ¼ R Syncopated Side Touch and Hitch

1&2 Diagonal Back Shuffle R-L-R (10:30)
3&4 Turn 3/8L, Forward Shuffle L-R-L (06:00)
5&6& Touch R to R, turn 1/4 R close R next to L, touch L to L, close L next to R (09:00)
7&8 Touch R to R, hitch on R, touch R to R

Tag: V Step (after Walls 1, 7 & 9)

1-2 Step R diagonally forward R, step L diagonally forward L
3-4 Step R back to centre, Step L back to centre

#After 16C of wall 9, do the dance more faster, follow the beat. Do until the last wall.

Thank You