Tears Hit The Ground



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Mikael Mölsä (FIN) - 30 October 2021

音樂: Tears Hit The Ground - Enisa: (CD: Love Cycle)



Starting point: Little after the vocals, at the about 0:22. You start on count 2.

SAILOR STEPS, DIAGONAL 1/2 LEFT TURNING PIVOT TURN, ROCK STEP, COASTER STEP, STEP FORWARD, HITCH

Step right behind left, step left next to right, step right to right diagonal
Step left behind right, step right next to left, step left to left diagonal

4-5 Step right across left, turn 1/2 to left

Rock right forward, recover weight back to left, step right back

Step left next to right, step right forward, step left forward

8 Hitch right foot

Note: To give the dance some levels, when you are doing the pivot turn on counts 4-5, you can rise to the balls of your feet to give that moment a little more elevation so that when you hit that delay between 5-6, you emphasize it more with the natural coming down to normal dance level on count 6. Works well with the chorus. Also, rise to the ball of your foot on count 8.

BIG STEP BACK, BACK STEP, SIDE ROCK, BACK STEP, SIDE ROCK, STEP ACROSS, SWEEP, CROSS ROCKS, HAND INTERPRETATION

1 Step big step back on right

Step left behind right, rock right to right side, recover weight back to left
 Step right behind left, rock left to left side, recover weight back to right
 Step left behind right, rock right to right side, recover weight back to left
 Step right across left & sweep left from back to front (weight remains on right)

Rock left across right, recover weight back to right, step left to left side
Rock right across left, recover weight back to left, step right to right side

8&a1 Bring your right hand to your right eye, bring your left hand to your left eye, lift your head

upwards a bit, lower your head and bring your hands down and to the side while stepping left

forward (weight ends up on your left leg)

STEPS & SWEEPS, CROSS, BACK, SIDE STEP WITH A 1/4 RIGHT TURN, LUNGE ACROSS, STEPS & SWEEPS, CROSS, BACK, SIDE STEP WITH A 1/4 RIGHT TURN, LUNGE ACROSS

Sweep right from back to front, step right across left (hands still spread to sides)
 Sweep left from back to front, step left forward (hands still spread to sides)

4&a5 Step right across left, step left back, turn 1/4 to right and step right to right side, lunge left

across right

Note: feel free to pose here for additional effect as count 5 is a musical highlight on most of the walls.

Sweep right from back to front, step right across leftSweep left from back to front, step left forward

8&a1 Step right across left, step left back, turn 1/4 to right and step right to right side, lunge left

across

Note: feel free to pose here for additional effect as count 1 is a musical highlight on most of the walls.

ROCKING CHAIR, STEPS OUT & IN, STEP, HITCH, CROSS, CROSS ROCKS, HAND INTERPRETATION

2&a Rock forward on right, recover weight back to left, step right back

3&a Recover weight back to left, step right out, step left out

4&a Step left in, step right in, hitch right foot

5 Step right across left

Rock left across right, recover weight back to right, step left to left side
Rock right across left, recover weight back to left, step right to right side

8&a1

Bring your right hand to your right eye, bring your left hand to your left eye, lift your head upwards a bit, lower your head and bring your hands down and to the side while stepping left forward (weight ends up on your left leg)

ENDING: On counts 12&a (rock step to the side and cross), modify the rock step so that when you recover your weight back to your left (the & -count), you turn 1/4 to left with it. This enables you to finish the dance facing forward.

REPEAT