Nian Jie Shi Jing (年节时景)



拍數: 96 牆數: 1 級數: Improver

編舞者: Ira Barie (INA) - January 2022

音樂: Nian Jie Shi Jing (年节时景) - Felicia Low (罗翎允): (CNY 2017)



Start dancing after 32 count

I. SIDE, CROSS, SIDE, TOUCH CROSS, TOUCH SIDE, TOUCH CROSS, TOUCH SIDE, HOLD

Step RF to side, cross LF over RF, step RF to side, touch on LF cross over RF
Touch on LF to L side, touch on LF cross over RF, touch on LF to L side, hold

II. CROSS, BACK, 1/4 TURN L, TOUCH, SIDE, TOUCH, SIDE, TOUCH

1-4 Step LF cross over RF, step RF backward, ¼ turn L stepping LF to side, touch on RF beside

LF

5-8 Step RF to side, touch on LF beside RF, step LF to side, touch on RF beside LF (9 o'clock)

III. FORWARD SHUFFLE R - L, MODIFIED ROCKING CHAIR

1&2 Step RF forward, step LF beside RF, step RF forward3&4 Step LF forward, step RF beside LF, step LF forward

5-8 Step RF forward, recover on LF, ¼ turn R stepping RF to side, recover on LF (12 o'clock)

IV. MODIFIED ROCKING CHAIR, 1/2 L PIVOT, 1/4 L PIVOT

1-4 ¼ turn L stepping RF forward, recover on LF, ¼ turn R stepping RF to side, recover on LF
5-8 ¼ turn L stepping RF forward, ½ turn L (weight on LF), step RF forward, ¼ turn L stepping LF

close RF (12 o'clock)

V. SIDE, TOUCH, HOLD, HOLD, SIDE, TOUCH, HOLD, HOLD

1-4 Step RF to side, touch on LF beside RF, hold, hold

(count 3-4 both hands like beating drums)

5-8 Step LF to side, touch on RF beside LF, hold, hold

(count 7-8 both hands like beating drums)

VI. WALK FORWARD R-L-R, KICK, WALK BACK L-R-L TOUCH

1-4 Step RF forward, step LF forward, step RF forward, kick on LF

5-8 Step LF backward, step RF backward, step LF backward, touch on RF beside LF

VII. LINDY R - L

1&2 Step RF to side, step LF together, step RF to side

3-4 Step LF rock back, recover on RF

5&6 Step LF to side, step RF together, step LF to side

7-8 Step RF rock back, recover on LF

VIII. CROSS, POINT, CROSS, POINT, ROCK FORWARD, RECOVER, ½ TURN R, FORWARD SHUFFLE

1-4 Cross RF over LF, touch on LF to side, cross LF over RF, touch on RF to side

5-6 Rock RF forward, recover on LF

7&8 ½ turn R stepping RF forward, step LF beside RF, step RF forward (6 o'clock)

IX. WALK FORWARD L-R, FORWARD SHUFFLE, ROCK FORWARD, RECOVER, ½ TURN R, FORWARD SHUFFLE

1-2 Step LF forward, step RF forward

3&4 Step LF forward, step RF beside LF, step LF forward

5-6 Rock RF forward, recover on LF

7&8 ½ turn R stepping RF forward, step LF beside RF, step RF forward (12 o'clock)

X. FULL TURN, FORWARD SHUFFLE, ROCKING CHAIR

1-2 ½ turn R stepping LF backward, ½ turn R stepping RF forward (12 o'clock)

3&4 Step LF forward, step RF beside LF, step LF forward

5-8 Step RF forward, recover on LF, step RF backward, recover on LF

XI. VOLTA TURN R

1-4 ¼ turn R stepping RF forward, step LF together, ¼ turn R stepping RF forward, step LF

together

5-8 ¼ turn R stepping RF forward, step LF together, ¼ turn R stepping RF forward, hold (12

o'clock)

XII. VOLTA TURN L

1-4 1/4 turn L stepping LF forward, step RF together, 1/4 turn L stepping LF forward, step RF

together

5-8 ¼ turn L stepping LF forward, step RF together, ¼ turn L stepping LF forward, hold (12

o'clock)

ENJOY THE DANCE!!!

Contact: ira.140289@gmail.com