

It's Over

拍數: 32 牆數: 4 級數: Improver
編舞者: Maureen McShane (IRE) - November 2021
音樂: It's Over - Ruckus Deluxe



Intro: 32 Counts. Start at approx 18 secs - 2 Restarts, walls 4 and 8

SEC 1 CROSS ROCK, SIDE SHUFFLE, CROSS ROCK, SIDE DRAG

1-2 Cross rock right over left, recover weight onto left
3&4 Step right to right, step left beside right, step right to right
5-6 Cross rock left over right, recover weight onto right
7-8 Step left to left, drag right towards left

***Restart Here on Wall 8**

SEC 2 ROCK, COASTER STEP, STEP ½ PIVOT, STEP, HOLD

1-2 Rock right forward, recover weight onto left
3&4 Step right back, step left beside right, step right forward
5-6 Step left forward, pivot ½ right transferring weight onto right (6:00)
7-8 Step left forward, hold

SEC 3 CHARLESTON, SHUFFLE, ¼ TURN SHUFFLE

1-2 Touch right forward, step right back
3-4 Touch left back, step left forward
5&6 Step right to right diagonal, step left beside right, step right to right diagonal
7&8 Turn ¼ left step left forward, step right beside left, step left forward (3:00)

***Restart Here on Wall 4**

SEC 4 HEEL SWITCHES, HOOK, STEP ½ PIVOT, WALK X 2

1&2& Touch right heel forward, step right beside left, touch left heel forward, step left beside right
3-4 Touch right heel forward, hook right over left
5-6 Step right forward, pivot ½ left transferring weight onto left (9:00)
7-8 Walk right forward, Walk left forward