Now and Always AB

級數: Absolute Beginner Waltz

編舞者: Sherry Kemp (USA) - January 2022

音樂: Till We Meet Again - Johnny Reid : (Home EP)

This Waltz can also be fun contra.

拍數: 24

One restart of the first 6 steps at 12:00 (at approx. 2:33) on the held high note of bagpipes before lyrics and dance start again.

Dance to bagpipes one 12:00 and 6:00 before the returning to 12:00 for the restart.

End dance at 12:00, after S2 point left, point L forward with arms extended out sides and palms forward while bagpipes finish fading out.

Begin at "sun"

S1: Step, touch, hold, step, point, hold

1, 2, 3 L step forward, R toe touch behind with bent knee toward right, hold

4, 5, 6 R step back, L point forward, hold

* Restart: On the held high note of bagpipes at 12:00: Dance the 6 steps of S1 before starting again.

S2: Step, touch, hold, step, point, hold

- L step diagonally right, R touch behind with bent knee toward right, hold 1, 2, 3
- 4, 5, 6 R step diagonally back, L point out left, hold

S3: Step, step, step

- 1, 2, 3 L step forward, R step together, L step together
- 4, 5, 6 R step back 1/4 right, L step together, R step together

S4: Step, step, step

- 1, 2, 3 L step forward, R step together, L step together
- 4, 5, 6 R step back 1/4 right, L step together, R step together

Last Update: 5 Feb 2023





牆數: 2