

# Better Days

COPPER KNOB  
BY STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Eun Mi Lim (KOR) - December 2021  
音樂: Better Days - NEIKED, Mae Muller & Polo G



Intro: 16 counts (approx. 8secs)

**Sec 1: Touch (Forward-Back), Forward Shuffle, Side Toe Strut, Kick, Kick**

1-2            Touch R toe forward, Touch R toe back  
3&4           Step forward on R, Step L next to R, Step forward on R  
5-6           Touch L toe to left side, Drop L heel  
7-8           Kick R across L, Kick R forward diagonal right

**Sec 2: Sailor Step, Together, 1/4Turn R & Forward, Forward, 3/4Turn R, Side, Hold, Together, Side**

1&2&          Step R behind L, Step L to left Side, Step R to right side, Close L beside R  
3-4           1/4turn R stepping R forward (3:00), Step forward on L  
5-6 3          1/4Turn R weight onto R (12:00), Step L to left side  
7&8           Hold, Close R beside L, Step L to left side

**\*Restart - here at the 5th wall**

**Sec 3: Touch (Toe- Heel), Coaster Step, Forward Rock, 1/4Turn L & Chasse**

1-2            Touch R toe beside L while R knee across L, Touch R heel forward diagonal right  
3&4           Step back on R, Close L beside R, Step forward on R  
5-6           Rock L forward, Recover on R  
7&8           1/4turn L stepping L to left side (9:00), Close R beside L, Step L to left side

**Sec 4: Cross, Back, Chasse, Touch (Behind-Side), Behind, Point**

1-2            Cross R over L, Step back on L  
3&4           Step R to right side, Close L beside R, Step R to right side  
5-6           Touch L toe behind R while dropping right shoulder down & popping left shoulder up, Point L toe to left side looking straight left shoulder  
7-8           Step L behind R while dropping right shoulder down & popping left shoulder up, Point R to right side

**\*Restart: During wall 4, restart the dance after count 16, facing 3:00**

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