

Time Flies

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Becky Hawthorne (USA) - December 2021
音樂: Fly Like an Eagle - Steve Miller Band : (Album: Greatest Hits 1974-78)



No tags, no restarts

Intro: 16 counts after background vocals start "Tick Tock Tick". First step starts with the lyrics "Time keeps on..." (22 seconds in).

Section 1: SIDE ROCK R, R CROSSING SHUFFLE, SIDE ROCK L, SAILOR

1,2 Rock RF to R side, Recover on LF
3 & 4 Cross RF over LF, Step LF to L, Cross RF over L
5,6 Rock LF to L side, Recover on RF
7 & 8 Step LF slightly behind RF, Step RF to R side, Step LF to L

Section 2: FWD ROCK, 1/4 SHUFFLE, 1/2 PIVOT, SIDE SHUFFLE

1, 2 Rock RF fwd, Recover on LF
3 & 4 1/4 turn Step RF fwd, Step LF beside RF, Step RF fwd (3:00)
5, 6 Step LF fwd, pivot 1/2 turn R transferring weight to RF (9:00)
7 & 8 Step LF to L side, Step RF beside LF, Step LF to L side

Section 3: BACK ROCK, 1/2 TURN LOCK, BACK ROCK, 1/2 TURN LOCK

1, 2 Rock RF back, Recover on LF
3 & 1/4 turn Step RF to R side (6:00), 1/4 turn LF small step back, crossing in front of RF (3:00)
4 Step RF back
5, 6 Rock LF back, Recover on RF
7 & 1/4 turn Step LF to L side (6:00), 1/4 turn RF small step back, crossing in front of LF (9:00)
8 Step LF back

****turns may also be done with non-crossing shuffles****

Section 4: BACK, BACK, BACK LOCK, BACK ROCK, FWD LOCK

1 Step back RF (optional-sweep LF from front to back)
2 Step back LF (optional-sweep RF from front to back)
3 & 4 Step RF back, Lock L over R, Step RF back
5,6 Rock LF back, Recover on RF
7 & 8 Step LF fwd, Lock R behind L, Step LF fwd

Suggested ending: Final fadeout of the song happens as you finish Section 4 facing 12:00.

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