

Title

拍數: 32 牆數: 2 級數: High Beginner
編舞者: Julee Hansel (INA) - December 2021
音樂: Title - Meghan Trainor



No Tag, No Restart

Section 1 - Touch to Side - Next - Side, Step Back - Swing Upward, Step Down - Brush Backward, Step R-L, Rocking Chair

1 & 2 Touch R to side (1), Touch R next to L (&), Touch R to side (2)
3 - 4 Step R to back while swinging L upward (3), Step down L while brushing R (4)
5 - 6 Step R forward (5), Step L forward (6)
7 & 8 Step R forward (7), Recover on L (&), Step R to back (8)

Section 2 - Anchor Step L-R, Coaster Step, Pivot 1/2

1 & 2 Step L slightly behind R while popping R knee upward (1), Recover on R (&), Recover on L (2)
3 & 4 Step R slightly behind L while popping L knee upward (3), Recover on R (&), Recover on R (4)
5 & 6 Step L to back (5), Step R next to L (&), Step L forward (6)
7 - 8 Step R forward (7), 1/2 Turn left Step L in place (6.00)

Section 3 - Skate R-L-R-R, Skate L-R-L-L

1 - 2 R Skate diagonally to right (1), L Skate diagonally to left (2)
3 & 4 R Skate diagonally to right (3), Step L next to R (&), R Skate diagonally to right (4)
5 - 6 L Skate diagonally to left (5), L Skate diagonally to right (6)
7 & 8 L Skate diagonally to left (7), Step R next to L (&), L Skate diagonally to left (8)

Section 4 - Diagonal Touch Front & Back, Turn 1/4 Step Together on Ball, Step Heels Down, Diagonal Touch Front & Back, Squaring & Touch

1 - 2 Diagonal touch R front (1), Diagonal touch R back (2)
3 & 4 Step R on ball (3), Turn 1/4 to right & Step L on ball next to R (3) (7.30), Step both heels down (4)
5 - 6 Touch L front (5), Touch L back (6)
7 - 8 Turn 1/8 to left & Step L forward (7) (6.00), Touch R next to L (8)

Kindly contact me to my email when you need further informations : juleehansel@gmail.com