

10 Years

拍數: 32 牆數: 4 級數: Improver
編舞者: Paolo Bernasconi (CH) - September 2020
音樂: Sorry (feat. Tina Spirig) - Frank Vetter



Intro: 32 counts (12 seconds)

[1-8] STOMP, SWIVELS, FLICK, STEP ¼ LEFT, SCUFF, STOMP R, STOMP L

1-3 stomp right next to left, open right toe to right, open right heel to right
4-5 kick left behind right knee, turn ¼ to the left and step left forward
6-8 scuff right beside left, stomp right diagonally, stomp left to the left

[9-16] FLICK, STEP, ½ LEFT HOOK, STEP LOCK STEP, SCUFF, BRUSH

1-3 kick right behind left knee, step right in place, turn ¼ to the left and left under right knee
4-6 step left forward, step right behind left, step left forward
7-8 scuff right beside left, brush right back beside left

[17-24] STOMP x2, TOE, STEP BACK, POINT PIVOT, ½ SPIN, WEIGHT CHANGE

1-2 stomp right beside left, stomp right forward
3-4 touch left toe behind right, step left back
5-6 touch right toe back, turn ½ to right and drop right heel
7-8 spin ½ to right on right ball with left next to right, put weight onto left

[25-32] ROCK BACK, ½ LEFT SIDE ROCK, WAVE

1-2 step right back, recover weight onto left
3-4 turn ¼ left and step right to the right, recover weight onto left
5-8 step right over left, step side left, step right behind left, step side left

TAG: At the end of 10th repetition, hook combination

1-4 with right foot: kick fwd, hook, kick fwd, recover beside left
5-8 with left foot: kick fwd, hook, kick fwd, recover beside right
