Now and Always

級數: Beginner Waltz

編舞者: Sherry Kemp (USA) - December 2021

音樂: Till We Meet Again - Johnny Reid : (Home EP)

牆數:2

This Waltz can also be fun contra.

One restart at 12:00 (at approx. 2:33) on the held high note of bagpipes before lyrics restart. *Dance to bagpipes one 12:00 and 6:00 wall before the restart after the first 6 counts on return to 12:00. End dance at 12:00, after S2 point left, point L forward with arms extended out sides and palms forward while bagpipes finish fading out.

Begin at lyrics "sun"

(S1) Step, touch, hold, step, point, hold
1, 2, 3 L step forward, R toe touch behind with bent knee toward right, hold
(Styling option: Step 1-3, first position arms, rounded to sides)
4, 5, 6 R step back, L point forward, hold
(Option: Step 4-6, arms open to lower sides, palms facing forward)
* Restart here: On the held high note of bagpipes at 12:00, dance the first 6 counts of S1 and restart the dance.
(S2) Step, touch, hold, step, point, hold

(S2) Step, touch, hold, step, point, hold
1, 2, 3 L step diagonally right, R touch behind with bent knee toward right, hold
(Option: Step 1-3, R arm bent across chest and L arm extended left with palms facing down)
4, 5, 6 R step diagonally back, L point out left, hold
(Option: L arm bent across chest and R arm extend right, palms down)

(S3) Twinkle, twinkle 1/4

1, 2, 3L cross R, R step to right, L step together(Option: lowered arms swing left on steps 1-3)4, 5, 6R cross L, L step 1/4 right, R step together(Option: swing lowered arms right on steps 4-6)

(S4) Twinkle, twinkle 1/4

1, 2, 3L cross R, R step to right, L step together(Repeat 1-3 arm option from S3)4, 5, 6R cross L, L step 1/4 right, R step together(Repeat 4-6 arm option from S3)

May love and luck be your friends, now and always.

Last Update: 19 May 2022





拍數: 24