

Penolongku (My Savior)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Gunawati Tiotama (INA) - December 2021
音樂: Tuhan Selalu Menolongku - Clarisa Dewi



Intro: 20 counts - Restart: @Wall 5, after 12 counts

Section 1: BACK ROCK, WALK R L, SYNCOPATED SIDE ROCK R, L

1 2 3 4 Rock R back, Recover L, Walk R, Walk L
5 6& Rock R to side, Recover L, Step R together
7 8& Rock L to L, Recover R, Step L together (12:00)

Section 2: CROSS, ¼ R FLICK, FORWARD, HITCH, VINE, TOUCH

1 2 3 4 Cross R over L, Flick L facing 10.30, Step L forward, Hitch R (10:30)

***Restart here on Wall 5, squaring up to 12:00**

5 6 7 8 Square up to 12:00 Step R to R, Cross L behind R, Step R to R, Touch L beside R (12:00)

Section 3: ¼ L FORWARD, SWEEP, FORWARD, SWEEP, ROCKING CHAIR

1 2 ¼ L Step L forward while sweeping R from back to front for 2 counts (9:00)
3 4 Step R forward while sweeping L from back to front for 2 counts
5 6 7 8 Rock L forward, Recover R, Rock L back, Recover R

Section 4: PIVOT TURN, SPIRAL, FORWARD, ROCK FORWARD, ½ TURN L

1 2 Step L Forward, ½ R Step R forward (3:00)
3 4 Step L Forward, Full Turn R finishing with weight on L
5 6 7 8 Step R forward, Rock L forward, Recover R, ½ L Step L forward (9:00)

Dance with your soul and let it speak for itself

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