Araw-Araw Ay Pasko

拍數: 64

級數: High Beginner

編舞者: Roly Ansano (USA) - December 2021

音樂: Araw-Araw Ay Pasko - Donna Cruz

SEC 1: CROSS-POINT (2X), MAMBO STEP, HOLD

- 1-4 Cross R over, touch L side. Cross L over, touch R side
- 5-8 Rock R forward, recover, step R back, hold

SEC 2: MAMBO STEP, SIDE TOUCH, CROSS-POINT (2X)

- 1-4 Rock L back, recover, step L forward, touch R side
- 5-8 Cross R over, touch L side. Cross L over, touch R side

SEC 3: SIDE-CLOSE, TURN-TOUCH, HIP SWAYS, FLICK

- 1-2 Step R side, step L together
- 3-4 Step R side and turn 1/4 right, touch L together
- 5-8 Step L side swaying hips left-right-left, flick R back

SEC 4: SLOW CHASSE, SCUFF, STEP-TURN, STEP-TOUCH

- 1-4 Chasse side in small steps R-L-R, scuff L forward
- 5-6 Step L forward, pivot 1/2 right
- 7-8 Step L forward, touch R side

SEC 5: CROSS-SIDE-BEHIND-TOUCH ROUTINE

- 1-2 Cross R over, step L side
- 3-4 Cross R behind turning body slightly to right, touch L forward
- 5-6 Cross L over, step R side
- 7-8 Cross L behind turning body slightly to left, touch R forward

SEC 6: ANGLED STEP-ROCK-RECOVER ROUTINE

- 1-2 Step R back turning body slightly to right, rock L in place
- 3-4 Recover R, hold
- 5-6 Turn body slightly to left stepping L back, rock R in place
- 7-8 Recover L, hold

SEC 7: REPEAT THE CROSS-SIDE-BEHIND-TOUCH ROUTINE

SEC 8: REPEAT THE ANGLED STEP-ROCK-RECOVER ROUTINE

START AGAIN

TAG: After Wall 2 (12C), Wall 3 (8C), Wall 5 (8C), Wall 6 (12C) Pump knees to match count. Add styling as you please.





牆數: 4