

Longer Road

拍數: 48 牆數: 4 級數: Improver
編舞者: Laurent Chalon (BEL) - November 2021
音樂: Longer Road - Justine Sletten



Intro : Start immediately

INTRO & FINAL

Intro starts on the drums and the final is on the 7th wall (12:00)

Section 1 : Stomp, Clap, Stomp, Stomp Clap, Stomp, Clap, Stomp, Stomp Clap

1-2 Stomp RF next to LF, Clap 12:00
3&4 Stomp LF next to RF, Stomp RF next to LF, Clap
5-6 Stomp LF next to RF, Clap
7&8 Stomp RF next to LF, Stomp LF next to RF, Clap

Section 2 : Stomp, Clap, Stomp, Stomp Clap, Stomp, Clap, Stomp, Stomp Clap

1-2 Stomp RF next to LF, Clap
3&4 Stomp LF next to RF, Stomp RF next to LF, Clap
5-6 Stomp LF next to RF, Clap
7&8 Stomp RF next to LF, Stomp LF next to RF, Clap

DANSE

The dance starts after the 16 counts of the introduction.

Section 1 : Rock Fwd, Back Lock Step, Triple step Full Turn L, scuff, Step Lock Step, Scuff

1-2 Rock forward RF, Recover on LF
3&4 Step RF Back, Lock LF over RF, Step RF Back
5&6 Full turn to the Left (triple step LF-RF-LF)
7&8& Scuff RF, Step RF forward, Lock LF Behind RF, RF Forward, Scuff LF

Option 5&6 : Coaster Step

Section 2 : Diagonal Step, touch, Diagonal Back, Touch, Coaster Cross, Side, Heel Swivel, Kick, behind Side Cross

1&2& Step LF diagonally forward Left, Touch RF next to LF, RF diagonally back right, Touch LF next to RF
3&4 Step LF Back, RF next to LF, Cross LF over RF
5&6& Side Step RF to the R, Swivel Left heel inside, Swivel Left heel inside, Kick RF diagonal front right
7&8 LF Cross behind RF, Step LF to the L, Cross RF over LF

Section 3 : Side Rock ¼ turn R, Step Lock Step, ½ turn L, ¼ turn L, Cross Mambo

1-2 Side Rock LF to the Left, Recover on RF with ¼ turn to the right 03:00
3&4 Step LF Forward, Lock RF behind LF, Step LF Forward
5 ½ turn to the left and step RF back 09:00
6 ¼ turn to the left and Side Step LF to the Left 06:00
7&8 Cross RF over LF, Recover on LF, Side Step RF to the R

Section 4 : Cross, Back, Shuffle back ½ turn, step ½ turn, Kick Ball Step

1-2 Cross LF over RF, Step LF back
3&4 ¼ turn to the left and Side Step LF to the Left, RF next to LF, ¼ turn to the left and Step LF Forward* 12:00
5-6 Step RF Forward, Pivot ½ turn to the left 06:00
7&8 Kick RF Forward, RF next to LF, Step LF devant**

* Restart here wall 3

** Restart here wall 5

Section 5: Side, Behind, Triple ¼ turn R, Rock ¼ turn R, Behind Side Cross

1-2 Side Step RF to the Right, LF Behind RF

3&4 Side Step RF to the Right, ¼ turn to the right and LF next to RF, Step LF Forward 09:00

5-6 Step LF Forward, Recover RF with ¼ turn to the right 12:00

7&8 LF Behind RF, Side Step RF to the R, LF cross over RF***

*** Restart here wall 1

Section 6: Side, Behind, Triple step ¼ turn R, Step ¼ turn R, Cross Shuffle

1-2 Side Step RF to the Right, LF behind RF

3&4 Side Step RF to the R, ¼ turn to the right and LF next to RF, Step LF forward 03:00

5-6 Step LF forward, pivot ¼ turn to the right 09:00

7&8 LF Cross over RF, Side step RF to the R, LF cross over RF*

Bonne danse...

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