

God So Loved

拍數: 132 牆數: 4 級數: Phrased Intermediate
編舞者: Rosmarie Krismer (AUT) - December 2021
音樂: God So Loved - We The Kingdom



Bridge 16 counts (6 o'clock)
ENDING 24 counts (12 o'clock)
RESTART (3 o'clock)

Note: The dance begins when the singing starts
Legend: RF = right foot, LF = left foot

Part A: 32 counts:

S1: Kick across, side-touch, side-touch, side, kick across, side-cross, side, sailor step turning ¼ r

1& Kick across RF over LF, step right with RF
2& Tap with LF, step left with LF
3& Tap with RF, step right with RF
4& Kick across LF over RF, step left with LF
5-6 Cross RF over LF, step left with LF
7&8 Cross RF behind LF, ¼ turn right, step LF to RF, step forward with RF

S2: Shuffle forward turning ½ r, shuffle back turning ½ r, rock forward, coaster cross

1&2 ¼ turn right, step left with LF, RF to LF, ¼ turn right, step back LF
3&4 ¼ turn right, step right with RF, LF to RF, ¼ turn right, step forward with RF
5-6 Step forward with LF, weight back to RF
7&8 Step back LF, RF to LF, cross over RF

S3: Side sways, chasse r, sways, chasse l, turning ¼ l

1-2 Step right with RF, sway hips to right and left
3&4 Step right with RF, LF to RF, step right with RF
5-6 Sway hips to left and right
7&8 Step left with LF, RF to LF, step forward left

S4: Cross side heel & cross side heel & step, pivot ½ l, step, pivot ¼ l

1& Cross RF over LF, small step to left with LF
2& Tap right heel diagonally right forward, RF to LF
3& Cross LF over RF, small step to right with RF
4& Tap left heel diagonally forward, LF to RF
5-6 Step forward with RF - ½ turn left side on both balls, weight on LF
7-8 Step forward with RF, ¼ turn left side on both balls, weight on LF

PART B: 32 counts:

S1: Rock forward & rock forward, coaster step, pivot ½ left

1-2 Step forward with RF, lift LF a bit - weight back on LF
& 3-4 RF to LF, Step forward with LF, lift RF a bit - weight back on RF
5 & 6 Step back with LF - RF to LF and small step forward with LF
7-8 Step forward with RF - ½ turn left side on both balls - weight on LF

S2: Samba across r & l, rock forward & back, touch across

1&2 Cross RF over LF - step to left side with LF - weight back on RF
3&4 Cross LF over RF - step to right side with right - weight back on LF
5-6 Step forward with RF - weight back on LF
& 7-8 RF to LF, step back with LF - tap right toes left of the left toes

S3: Shuffle forward, step, pivot ½ r, shuffle forward, step, pivot ¾ l

- 1&2 Step forward with RF - LF to RF and step forward with RF
3 - 4 Step forward with LF - ½ turn right side on both balls, weight on RF
5&6 Step forward with LF - RF to LF and step forward with LF
7-8 Step forward with RF - ¾ turn left side on both balls, weight on LF

S4: Side, behind - side- cross, side, sailor step turning ¼ l, walk 2 steps

- 1-2 Step to right side with RF - cross LF behind RF
& 3 - 4 Step to right side with RF - cross LF over RF - step to right side with RF
5&6 Cross LF behind RF - ¼ turn left side, RF to LF and step forward with LF
7-8 Walk forward two steps r - l

PART C: 68 counts**S1: Rock forward, rock back, rock forward, shuffle back**

- 1-2 Step forward with RF, lift LF a bit - weight back on LF
3-4 Step back with RF, lift LF a bit - weight back on LF
5-6 Step forward with RF, lift LF a bit - weight back on LF
7&8 Step back with RF - LF to RF and step back with RF

S2: Rock back, rock forward, rock back, shuffle forward

- 1-2 Step back with LF, lift RF a bit - weight back on RF
3-4 Step forward with LF, lift RF a bit - weight back on RF
5-6 Step back with LF, lift RF a bit - weight back on RF
7&8 Step forward with LF - RF to LF and step forward with LF

S3: Step pivot ½ l, shuffle forward, step pivot ½ r, shuffle forward

- 1-2 Step forward with RF, ½ turn left side on both balls
3&4 Step forward with RF, LF to RF and step forward with RF
5-6 Step forward with LF, ½ turn right side on both balls
7&8 Step forward with LF, RF to LF and step forward with LF

S4: Rock side, shuffle across r & l

- 1-2 Step to right side with RF, lift LF a bit - weight on LF
3&4 Cross RF far over LF - draw in LF to RF and cross RF far over LF
5-6 Step to left side with LF, lift RF a bit - weight on RF
7&8 Cross LF far over RF - draw in RF to LF and cross LF far over RF

S5: Chasse r turning ¼ r, step, pivot ¾ r & l

- 1&2 Step to right side with RF - LF to RF, ¼ turn to right side and step forward with RF
3-4 Step forward with LF - ¾ turn to right side on both balls, weight on RF
5&6 Step to left side with LF - RF to LF, ¼ turn to left side and step forward with left
7-8 Step forward with RF - ¾ turn to left side on both balls - weight on LF

S6: Side, behind, side and stomp r & l

- 1-2 Step to right side with RF - cross LF behind RF
3&4 Step to right side with RF - LF to RF and stomp RF next to LF
5-6 Step to left side with LF - cross RF behind LF
7&8 Step to left side with LF - RF to LF and stomp LF next to RF

Chasse r turning ¼ r, step, pivot ¾ r & l, side, behind, side and stomp r & l**S7 & S8 Repeat sections 5 & 6****S9: Rock across l & r**

- 1-2& Cross RF over LF, lift LF a bit, weight back on LF, RF to LF
3-4& Cross LF over RF, lift RF a bit, weight back on RF, LF to RF

BRIDGE 16 counts

T1: Kick - out - out - in - kick - out - out, sailor step l & r

1&2 Kick forward RF - small step to right side with RF and to left side with LF
& Step back to starting position with RF
3&4 Kick forward LF - small step to left side with LF and to right side with RF
5&6 Cross LF behind RF - step to right side with RF, weight back on LF
7&8 Cross RF behind LF - step to left side with LF, weight back on RF

T2: Kick - out - out - in - kick - out - out, sailor step r & l

1&2 Kick forward LF - small step to left side with LF and to right side with RF
& Step back to starting position with LF
3&4 Kick forward RF - small step to right side with RF and to left side with LF
5&6 Cross RF behind LF - step to left side with LF, weight back on RF
7&8 Cross LF behind RF - step to right side with RF - weight back on LF

ENDING: 24 counts

S1: Rock forward, rock back, rock forward, shuffle back

1-2 Step forward with RF, lift LF a bit - weight back on LF
3-4 Step back with RF, lift LF a bit - weight back on LF
5-6 Step forward with RF, lift LF a bit - weight back on LF
7&8 Step back with RF - LF to RF and step back with RF

S2: Rock back, rock forward, rock back, shuffle forward

1-2 Step back with LF, lift RF a bit - weight back on RF
3-4 Step forward with LF, lift RF a bit - weight back on RF
5-6 Step back with LF, lift RF a bit - weight back on RF
7&8 Step forward with LF - RF to LF and step forward with LF

S3: Step pivot ¼ l, cross shuffle, rock side - cross shuffle

1-2 Step forward with RF, ¼ turn to left side on both balls
3&4 Cross RF over LF, draw in LF to RF and cross RF over LF
5-6 Step left side with LF, lift RF a bit - weight back on RF
7&8 Cross LF over RF, draw in RF to LF and cross LF over RF

Dance Sequence:

A + A + B + BRIDGE + A + B + B + C + B (16 counts) + Restart with B + B + Ending

This dance was choreographed by Rosi during the corona-crisis to give us all courage. Better times will come again.

We can trust in this and don't lose hope.

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