

I Can Feel the Paradise

COPPERKNOB
BY SHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Alice Huo (USA) & Paul Huo (USA) - December 2021
音樂: Bad Habits - Ed Sheeran : (Amazon & iTunes)



Start on vocals

[1-8] Left Rock Forward, Recover, Shuffle Back, Right Rock Back, Recover, Shuffle Forward

1-2 L rock forward (1), recover back on right (2)
3&4 Shuffle back stepping L (3), R (&), L (4)
5-6 R rock backward (5), recover forward on left (6)
7&8 Shuffle forward stepping R (7), L (&), R (8)

[9-16] ¼ Modified Monterey Turns

1-2 L cross R (1), point R to R (2)
3-4 Bring R to back of L and ¼ turn R (3), point L to L (4)
5-6 L cross R (5), point R to R (6)
7-8 Bring R to back of L and ¼ turn R (7), point L to L (8)

[17-24] Cross, Side, Behind, Sweep Behind, Side, Front Hitch (Serpiente)

1-4 Step L over R (1), step R to R (2), step L behind R (3), sweep R from front to back (4)
5-8 Step R behind L (5), step L to L (6), step R over L (7), hitch L as you turn body slightly toward right angle (8)

[25-32] Cross Rock 3, Flick, Cross Rock 3, Flick

1 Turning body slightly to the Right, Rock Left foot forward across front of Right
2 Recover weight back to Right foot
3 Rock weight forward to Left foot in the same place as it was
4 Flick Right foot up behind as the body is turning slightly to the Left
5 With body angled slightly to the Left, Rock Right foot forward across front of Left
6 Recover weight back to Left foot
7 Rock weight forward to Right foot in the same place as it was
8 Flick Left foot up behind as the body is turning slightly to the Right

***TAG & RESTART: At the end of Wall 5, dance the 4 count tag:**

Cross Rock, Recover, Side Point, Hold

1-2 L cross rock (1), recover back on right (2)
3-4 L point L (3), hold (4)

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