

# Mother...How Are U (Waltz)

COPPER KNOB  
BY SHEETS

拍數: 48      牆數: 4      級數: Intermediate waltz  
編舞者: Syafri's Fitri (INA) - December 2021  
音樂: Mother How Are You Today - Freberika Napitupulu : (Cover)



START : After 6 Count

RESTART: On Wall4 after24C

## I. BASIC WALTZ FWD - TURN 1/2 WALTZ

123            Step LF fwd, Close RF next to LF , step LF Inplace  
456            Turn 1/2 R stepping RF fwd, Close LF next to RF, step RF Inplace

## II. CROSS ROCK - SIDE - CROSS ROCK TURN1/4-SIDE

123            Cross rock LF over RF, Recover onto RF, step LF to L  
456            Cross rock RF over LF, Turn 1/4 R recover onto LF, step RF to R

## III. CROSS - SIDE - BEHIND (Sweep)-BEHIND - SIDE - FWD

123            Cross LF over RF, step RF to R, step LF behind RF sweeping front to back  
456            Cross RF behind LF, step LF to L, step RF fwd

## IV. FWD - TURN 1/2 WALTZ- BACK WALTZ

123            Step LF fwd, Turn 1/2 L stepping RF back, step LF Inplace  
456            Step RF back, Close LF next to RF, step RF Inplace

## V. FWD - TURN 1/2 WALTZ-BACK WALTZ

123            Step LF fwd, Turn 1/2 L stepping RF back, step LF Inplace  
456            Step RF back, Close LF next to RF, step RF Inplace

## VI. BALANCE WALTZ L/R

123            Step LF to L, Cross Rock RF behind LF, Recover onto LF  
456            Step RF to R, Cross Rock LF behind RF, Recover onto RF

## VII. SLIDE - DRAG -TURN 1/2 WALTZ

123            Slide/big step LF to L, Hold, Drag RF toward LF  
456            Turn 1/4 R stepping RF fwd, turn1/4R stepping LF to L, step RF Inplace

## VIII. TWINKLE L/R

123            Cross LF Over RF, step RF to R step LF Inplace  
456            Cross RF Over LF, step LF to L step RF Inplace

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