

Habit

拍數: 48 牆數: 2 級數: Improver
編舞者: Thomas Malle (AUT) - December 2021
音樂: Habit - Laurell



Intro: 16 counts - 1 Tag, 1 Restart (Wall 5 - after 28 counts)

[1-8] Kick Ball Point 2x, Jazz Box

1&2 Kick right forward, right ball near left, Point left to side
3&4 Kick left forward, left ball near right, Point right to side
5-8 Right cross over left, left step back, right step side, left close to right

[9-16] Shuffle Backwards 2x, Full Turn with Sweep, Sailor Step

1&2 Step back on right, Step left next to right, Step back on right
3&4 Step back on left, Step right next to left, Step back on left
5,6 ½-Turn right and step forward right (06:00), Step left to right with ½-Turn right (12:00) and sweep right (12:00)
7&8 Right cross behind left, left step together, right step to side

[17-24] 1/8 Paddle-Turn left back 2x, Coaster Step, Step ½ Turn, Triple Step

1, 2 Touch left toe to side and make a 1/8-turn left, touch left toe to side and make a 1/8-turn left (09:00)
3&4 Step back on left, Step right next to left, Step left forward
5,6 Step forward on right, ½ Turn left and step on left (03:00)
7&8 Step forward on right, ½ turn right and Close left to right, ½ turn right and Step forward on right

[25-32] Side Rock left, Side Rock right, Touch 1/4 Paddle right 2x, Touch, Jumps 3x

1,2&3,4 Side rock on left, Recover on right, Left together right, Side Rock on right, Recover on left
5,6,7 Touch right toe forward and make a 1/4 turn left, touch right toe forward and make 1/4 turn left (09:00), Close right to left (weight on both feet)
&8& 3 small Jumps diagonally forward with both feet

TAG and Restart: Here on wall 5

[33-40] Side Rock right, Behind side cross, Side Rock left, Behind side cross

1, 2 Side rock on right, Recover on left
3&4 Cross right behind left, Step left side, Cross right over left
5,6 Side rock on left, Recover on right
7&8 Cross left behind right, step right side, Cross left over right

[41-48] Point & Point, ¼ Turn, Point & Point, Cross, Full Unwind with Bounce

1&2& Point right to the right side, together, Point left to the left side, together
3&4& ¼ Turn left (06:00) and Point right to the right side, together, Point left to the left side, together
5,6,7,8 Cross right over left (5), full unwind over left with bounce (ending with weight on left)

TAG:Side Rock left, Side Rock right, 3x Paddle 1/4 right, Touch

1-2&3,4 Side rock on left, Recover on right, left together right, Side Rock on right, Recover on left
5,6,7,8 3x Touch right toe forward and make 1/4 turn left (06:00), touch right near left

ENJOY AND HAVE FUN!!!!

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