

# Carry Me

拍數: 72      牆數: 1      級數: Phrased Improver  
編舞者: Gold River (IT) - 19 December 2021  
音樂: Carry Me - Josh Wilson



## Christian Rock Country Line Dance

Sequence: A, A, B (from S1 to S5), TAG, A, A, B, A, A, TAG X 2, B, B (from S6 to S7)

### PART A: 16 Counts

#### S1: STROLL, TOUCH, STEP, LOCK, TURNING STEP BALL CHANGE, HOLD

1-2-3-4      R step back, L together, R step back, L toe over

5-6&7-8      L step fw, R step behind, Turn 1\4 to L & L ball step to L, R step to side, Hold

#### S2: STEP TWICE, TURNING STEP TWICE, STEP TWICE

1-2-3-4      R step fw, L step fw, R step fw, Turn 1\2 to L

5-6-7-8      R step fw, Turn 1\4, R step on the spot, L step on the spot

### PART B: 56 Counts

#### S1: STEP & CROSS X 2, STEP, SPLIT TWICE

1-2-3-4      R step to R, L behind, L step to L, R behind

5-6-7-8      R step to R, Swivel L heel in, Swivel L heel out, Swivel R heel in

#### S2: SKATE SERIES, HEEL GRIND TWICE

1-2-3-4      Slide R foot fw to R, Slide L foot fw to L, Slide R foot fw to R, Slide L foot fw to L

5&6&7-8      R heel fw, R toe out, L heel fw, L toe out, R step back, L step back

#### S3: TURNING STEP, ROLLING, TURNING STEP, STEP TWICE

1-2-3-4      R step fw, Turn 1\2 to L, Turn 1\2 to L e R step back, Turn 1\2 to L e L step fw

5-6-7-8      R step fw, Turn 1\2 to L, R step fw, L together

#### S4: STEP & CROSS X 2, STEP, SPLIT TWICE

1-2-3-4      R step to R, L behind, L step to L, R behind

5-6-7-8      R step to R, Swivel L heel in, Swivel L heel out, Swivel R heel in

#### S5: STEP & CROSS X 2, STEP, SPLIT TWICE

1-2-3-4      R step to R, L behind, L step to L, R behind

5-6-7-8      R step to R, Swivel L heel in, Swivel L heel out, Swivel R heel in

#### S6: STEP TWICE, ROCK, KICK BALL CROSS, SPLIT TWICE

1-2&3&4      R step to R, L behind, R Rock to R, L kick fw, L step back, R over L

5-6-7-8      L step to L, Swivel R heel in, R heel out, L heel in

#### S7: STEP TWICE, ROCK, KICK BALL CROSS, SPLIT TWICE

1-2&3&4      L step to L, R behind, L Rock to L, R kick fw, R step back, L over R

5-6-7-8      R step to R, Swivel L heel in, Swivel L heel out, Swivel R heel in

### TAG: 8 Counts

#### S1: BOX STEP

1-2-3&4      R step to side, L together, R step fw, hold, L together

5-6-7&8      L step to side, R together, L step back, hold, R together

Last Update - 27 Mar 2022

