

# A Good Mood

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Barbara R. K. Wallace (CAN) & Luanne Arndt (CAN) - December 2021  
音樂: Good Mood (Original Song From Paw Patrol: The Movie) - Adam Levine



**Intro: 8 Counts, 1 easy restart after 16 counts on wall 5**

**Rock forward right, recover left, right toe back, unwind ½ turn right, left diagonal step, touch, right heel grind ¼ right**

1,2            Rock forward right, recover left  
3,4            Touch right toe slightly behind left, unwind ½ right leaving weight on right (6:00)  
5,6            Step left diagonally forward to left, touch right beside left  
7,8            Right heel grind making ¼ turn right (9:00)

**Rock back right, recover left, shuffle forward, step forward left, hold, ball step forward left, hold**

1,2            Rock back right, recover left  
3&4            Shuffle forward right, left, right  
5,6            Step forward left, hold  
&7,8            Step right together on ball of right (&), step forward left, hold (9:00)

**(Restart here during wall 5. You will be facing 9 o'clock)**

**Pivot ¼ left, front weave three, ¼ turn left, pivot ½ left**

1,2            Step forward right, pivot ¼ turn left (6:00)  
3-6            Cross right over left, step side left, cross right behind left, ¼ turn left stepping forward left (3:00)  
7,8            Step forward right, pivot ½ turn left (9:00)

**Shuffle forward, pivot ½ turn right, Step forward left, hold, ball step forward left and point right to side**

1&2            Shuffle forward right, left, right  
3,4            Step forward left, pivot ½ turn right (3:00)  
5,6            Step forward left, hold  
&7,8            Step together on ball of right (&), step forward left, point right to right side (3:00)

**Restart: After 16 counts during wall 5**

**Ending: Last sequence (wall 14) begins at 9 o'clock wall. Dance first three counts then unwind ¼ turn right to face the front wall.**