

A Good Mood

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Barbara R. K. Wallace (CAN) & Luanne Arndt (CAN) - December 2021
音樂: Good Mood (Original Song From Paw Patrol: The Movie) - Adam Levine



Intro: 8 Counts, 1 easy restart after 16 counts on wall 5

Rock forward right, recover left, right toe back, unwind ½ turn right, left diagonal step, touch, right heel grind ¼ right

1,2 Rock forward right, recover left
3,4 Touch right toe slightly behind left, unwind ½ right leaving weight on right (6:00)
5,6 Step left diagonally forward to left, touch right beside left
7,8 Right heel grind making ¼ turn right (9:00)

Rock back right, recover left, shuffle forward, step forward left, hold, ball step forward left, hold

1,2 Rock back right, recover left
3&4 Shuffle forward right, left, right
5,6 Step forward left, hold
&7,8 Step right together on ball of right (&), step forward left, hold (9:00)

(Restart here during wall 5. You will be facing 9 o'clock)

Pivot ¼ left, front weave three, ¼ turn left, pivot ½ left

1,2 Step forward right, pivot ¼ turn left (6:00)
3-6 Cross right over left, step side left, cross right behind left, ¼ turn left stepping forward left (3:00)
7,8 Step forward right, pivot ½ turn left (9:00)

Shuffle forward, pivot ½ turn right, Step forward left, hold, ball step forward left and point right to side

1&2 Shuffle forward right, left, right
3,4 Step forward left, pivot ½ turn right (3:00)
5,6 Step forward left, hold
&7,8 Step together on ball of right (&), step forward left, point right to right side (3:00)

Restart: After 16 counts during wall 5

Ending: Last sequence (wall 14) begins at 9 o'clock wall. Dance first three counts then unwind ¼ turn right to face the front wall.