

# Toast

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Marie Stridh (SWE), Moa Li (SWE) & Madeleine Austrin (SWE) - December 2021  
音樂: Toast - Smith & Thell



**Intro: Start after 8 counts on lyrics, weight on L**  
**Tag 16 counts after wall 3 (03:00) and 6 (06:00)**

## S1. SIDE HOLD, BEHIND SIDE CROSS, SIDE ROCK CROSS, ½ TURN R

1-2            Large step R to right side, hold  
3&4           Step L behind R, step R to R side, cross L over R  
5&6           Rock R to R side, recover to L, cross R over L  
7-8           ¼ turn R step L back, ¼ turn R step R to R side (06:00)

## S2. SAMBA, SAMBA ¼, CROSS, SIDE, BEHIND, SIDE, CROSS, POINT

1&2           Cross L over R, rock R to R side, recover to L  
3&4           Cross R over L, ¼ turn R step L back, step R to R side (09:00)  
5&6&7        Cross L over R, Step R to R side, Cross L behind R, Step R to R side, Cross L over R  
8              Point R to R side

## S3. DOROTHY BACK X2, BACK ROCK, FULL TURN L

1-2&         Step R back slightly diagonally, lock L over R, step R back slightly diagonally  
3-4&         Step L back slightly diagonally, lock R over L, step L back slightly diagonally  
5-6           Rock R back bending R knee, recover to L  
7-8           ½ turn L stepping R back, ½ turn L stepping R forward

## S4. ½ SWEEP, BEHIND SIDE CROSS&CROSS, STOMP R, HOLD, ½ L, HOLD

1              ½ turn L sweeping L from front to back (03:00)  
2&3&4        Step L behind R, step R beside L, cross L over R, step R to R side, cross L over R  
5-8           Stomp R to R side, Hold, ½ turn L step L to L side, Hold (09:00)

## TAG: CROSS, FULL SPIRAL, SHUFFLE, ROCK FWD, BACK KICK, BACK KICK, ¼

1-2           Cross R over L (to L diagonal preparing body for spiral), spiral full turn R hitching L and bring your R arm in a toast  
3&4           Step L fwd, step R beside L, step L fwd  
5              Rock R fwd bending slightly in both knees  
6              Recover on L kick R fwd  
7              Step R back kick L fwd  
8              ¼ L step L to L side

**Repeat Tag once more**