

Let's Get Excited

拍數: 64 牆數: 4 級數: Easy Intermediate
編舞者: Tim Gauci (AUS) - December 2021
音樂: I'm So Excited (Glee Cast Version) (feat. The Troubletones) - Glee Cast :
(iTunes)



Begin dance 64 counts in, on lyrics - 2 x restarts

[1-8] TOE STRUT, TOE STRUT, ROCKING CHAIR

1234 Touch R toe fwd, drop R heel to floor (take weight R), touch L toe fwd, drop L heel to floor
(take weight L) 12:00
5678 Step R fwd, rock weight back onto L, step R back, rock weight fwd onto L 12:00

[9-16] TOE STRUT, TOE STRUT, STEP, PADDLE ¼, CROSS, HOLD

1234 Touch R toe fwd, drop R heel to floor (take weight R), touch L toe fwd, drop L heel to floor
(take weight L) 12:00
5678 Step R fwd, paddle ¼ turn L, cross L over R, hold 9:00

[17-24] SIDE, BEHIND, SIDE, CROSS, SIDE, TOG, FWD, HITCH

1234 Step L to L, step R behind L, step L to L, step R across L 9:00
5678 Step L to L, step R next to L, step L fwd, hitch the R knee 9:00

[25-32] SIDE, BEHIND, SIDE, CROSS, SIDE, TOG, BACK, HITCH

1234 Step R to R, step L behind R, step R to R, step L across R 9:00
5678 Step R to R*, step L next to R, step R back, hitch the L knee 9:00

[33-40] BACK, HITCH, BACK, HITCH, BACK, TOG, FWD, HOLD

1234 Step L back, hitch the R knee, step R back, hitch L knee 9:00
5678 Step L back, step R tog, step L fwd, hold 9:00

[41-48] STEP, LOCK, STEP, HOLD, STEP, PIVOT ½, STEP, SCUFF

1234 Step R fwd, lock L behind R, step R fwd, hold 9:00
5678 Step L fwd, pivot ½ turn R, step L fwd, scuff R heel fwd** 3:00

[49-56] FWD, TOUCH, POINT, TOUCH, FWD, TOUCH, POINT, TOUCH

1234 Step R fwd R 45, touch L next to R, touch L toe L45, touch L next to R 3:00
5678 Step L fwd L45, touch R next to L, touch R toe R45, touch R next to L 3:00

[57-64] BACK, TOUCH, BACK, TOUCH, BACK, TOUCH, BACK, TOUCH

1234 Step R back at R45, touch L tog, step L back at L45, touch R tog 3:00
5678 Step R back at R45, touch L tog, step L back, touch R tog 3:00

[64] Beats Repeat dance in new direction

Restart on wall 2 dance up to beat 48** and restart dance facing 6:00.

Restart on wall 7 dance up to beat 48** and restart dance facing 9:00.

Ending - on wall 10 dance finishes on beat 29* (step R to R) facing the front ta-daal!

Enjoy