

I Feel Weightless

拍數: 32 牆數: 4 級數: High Improver
編舞者: Anna-Maria Mejlon (SWE) - December 2021
音樂: Weightless - Birkir Blær



Intro: 16 counts

Walk, walk, shuffle step, step turn ½, shuffle step

1-2 step forward on R, step forward on L
3&4 step forward on R, step together with L step forward on R
5-6 step forward L, step turn ½ to right side, step down on R
7&8 step forward on L, step together with R step forward on L

(Here is a restart on wall 8)

Rock, recover, back sweep, back sweep, sailor step

1-2 rock forward on R, rock back on L
3-4 step back with R sweep L foot front to back
5-6 step back with L sweep R foot front to back
7&8 step R foot behind L, step L to left side, step R to right side

(Here is a restart on wall 3, instead of sailor step - do sailor touch)

Cross recover, chasse ¼, rock recover, turn ½, turn ½

1-2 cross L over R, recover on to R
3&4 step L to left side, step together with R, step ¼ with L
5-6 rock forward on R, recover on to L
7-8 turn ½ stepping forward on R, turn ½ stepping back on L

Walk, walk, back lock back, rolling vine with touch

1-2 step forward on R, step forward on L
3&4 step back on R, cross L over R, step back on R
5-6 step L turning ¼ to left side, step back on R turning ½ to left side
7-8 step L turning ¼, to left side, touch R beside L

Restarts:

Wall 3 after 16 counts

Wall 8 after 8 counts

Happy dancing!! :)