

Superwoman

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Improver
編舞者: Bunda Chris (INA) & Annie Annoy (INA) - November 2021
音樂: Superwoman - Titi DJ, Ashanty & Eka Gustiwana



Start Dance on Lyric

Intro 36 Counts

Tag 1, 16 counts after ending Wall 1 (3.00)

Tag 2, 8 Counts after ending Wall

Change Step and Restart on Wall 5 and Wall 9 after 14 counts

Walk, Walk

1 - 2 Step R forward, step L Forward

INTRO

SECTION i1 : GRAPEVINE RL

1-2-3-4 Step R to Right Side, Cross L Behind R, Step R to Right Side, Touch L Beside R

5-6-7-8 Step L to Left Side, Cross R Behind L, Step L to Left Side, Touch R Beside L

SECTION i2 : ROLLING FINE RL

1-2-3-4 Step R ¼ Turn Right, Make ½ Turn Right, Step L Back, Make ¼ Turn Right Step R to Right Side, Touch L Beside R

5-6-7-8 Step L ¼ Turn Left, Make ½ Turn Left, Step R Back, Make ¼ Turn Left Step L to Left Side, Touch R Beside L

SECTION i3 : V STEP

1 - 2 Diagonal Forward R, Diagonal Forward L

3 - 4 Backward R, Backward L to centre

5 - 6 Diagonal Forward R, Diagonal Forward L

7 - 8 Backward R, Backward L to centre

SECTION i4 : JAZZ BOX, CROSS, SIDE TOUCH RL

1 - 2 Step R Cross over L, Step Back L Behind R

3 - 4 Step R to Side, L Cross Over R

5 - 6 Step R to R Side, Together L Touch Beside R

7 - 8 Step L to L Side, Together R Touch Beside L

SECTION i5 : SWAY RL

1 - 2 Weight on Right Side, Right side, Weight on Left side, Left side

3 - 4 Weight on Right Side, Right side, Weight on Left side, Left side

DANCE

SECTION 1* *KICK & SIDE ROCK 2x, JAZZ BOX, SHUFFLE

1&2 R Kick Ball Forward, R Recover, L Touch Right Side

3&4 L Kick Forward, LF Ball, R Rock L, L Recover

5 - 6 Step Cross R over L, Step L Back

&7 - 8& Together R Back Beside L, Step L Forward, Step R Forward, Step L Together Beside R

SECTION 2* *FORWARD L, SWIVEL R, ¼ TURN L, L COASTER STEP, FORWARD SHUFFLE

&1-2 Step R Forward, Step L Forward

3 - 4 Swivel ¼ Turn R (weight on R), Swivel ¼ Turn L

5 &6 Make a ¼ L Turn Step back on LF, Close RF next to LF, Step forward on LF

7&8 Step forward on RF, Close LF next to RF

SECTION 3* *KICK BALL TAP SIDE R, R TOE FAN, ¼ TURN, L, L TOE FAN, COASTER STEP

1 &2 Kick left foot forward, Step onto ball of left foot, Replace R to side onto floor on the same spot

3 &4 RF Swivel heel out, LF Swivel R heel in, ¼ Turn L

5&6 LF swivel heel out, LF swivel L heel in, LF swivel heel out

7&8 L step back, R together, L step forward

SECTION 4* *SKATE RL, ¼ TURN R SHUFFLE, ROCKING CHAIR, R TOUCH BEHIND, UNWIND

1 - 2 Skate R, skate L,

3 & 4 ¼ Turn R, step Forward R, close L to R, step forward R

5 & 6 Rock LF fwd, recover on RF, rock LF behind, recover on RF

7 - 8 Touch Right behind left, Unwind ½ Right (transferring weight to Right)

ENJOY IT AND LET'S THE DANCE
