

Can't ForGuetta (aka Lie To You)

拍數: 32 牆數: 4 級數: Improver
編舞者: Hanna Pitkänen (FIN) & Laura Hannele Pitkänen (FIN) - November 2021
音樂: Remember - Becky Hill & David Guetta
或: Would I Lie to You (Radio Edit) - David Guetta, Cedric Gervais & Chris Willis
或: Last Christmas - Cascada
或: Last Christmas - Wham!



Alt. music:-

Would I Lie To You by David Guetta, Cedric Gervais & Chris Willis

Christmas music: Last Christmas by Cascada, or by Wham! which is much slower

Intro: 16 counts of heavy beat

[1-8]: Side, hold, ball side, knee twists L R L, ¼ turn to left, touch

1,2& Step right to side, hold, step left next to right
3,4 Step right to side, twist left knee in
&5&6 recover to left, twist right knee in, recover to right, twist left knee in
7,8 ¼ turn left stepping left forward, touch right next to left

EASY OPTION: On counts 5,6, twist only left knee out, in (weight stays on right)

[9-16] Heel grind with ¼ turn, back, together, heel grind, back, back, back, rock step

1,2& Step forward on right heel, ¼ turn right stepping left back, step right next to left
3,4 Step forward on left heel, recover weight to right
5,6 Step left back, step right back
7,8 Step left back, recover weight to right

[17-24] Ball step, step, ¼ padel turn x 2, ¼ turn, grapevine, touch

&1 Step left next to right, step right forward
2,3 Step left forward, ¼ turn left touching right to side
4 ¼ turn left touching right to side
5,6 ¼ turn left stepping right to side, step left behind right
7,8 Step right to side, touch left next to right

[26-32] Hip bumps L R, side, behind, side rolling hips counter clockwise full circle

1,2 Step left to side with hip bump, recover weight to right with hip bump
3,4 Step left to side, step right behind left
5-7 Step left to side as you start to roll hips counter clockwise making full circle ending weight on left
8 Touch right next to left

REPEAT

Have fun dancing!