

Cha Cha On Hold

拍數: 32 牆數: 4 級數: Beginner
編舞者: Harry Heng (INA) - December 2021
音樂: Break My Heart (Chachacha 31bpm) - Korotkoff



I : STEP HOLD, CROSS ROCK, RECOVER, CHASSE LEFT

1 - 2 Step R To R Side (1), Hold (2)
&3 - 4 Close L Beside R (&), Step R To Side (3), Hold (4)
5 - 6 Cross L Over R (5), Recover On R (6)
7 & 8 Step L To L Side (7), Close R Beside L (&), Step L To L Side (8)

II : CROSS HOLD, SIDE ROCK, RECOVER , BEHIND , SIDE, FORWARD

1 - 2 Cross R Over L (1), Hold (2)
&3 - 4 Step L To L Side (&), Cross R Behind L (3), Hold (4)
5 - 6 Step L To Side (5), Recover On R (6)
7 & 8 Cross L Behind R (7), Step R To R Side (&), Step L Forward (8)

III : STEP FORWARD, HOLD, PIVOT ½ TURN R, FORWARD LOCK SHUFFLE

1 - 2 Step R Forward (1), Hold (2)
&3 - 4 Lock L Behind R (&), Step R Forward (3), Hold (4)
5 - 6 Step L Forward (5), Pivot ½ Turn R Step R In Place (6)
7 & 8 Step L Forward (7), Lock R Behind L (&), Step L Forward (8)

IV : POINT , HOLD, HEEL GRIND TURN ¼ L, COASTER STEP

1 - 2 Point R To Side (1), Hold (2)
&3 - 4 Close R Beside L (&), Point L To Side (3), Hold (4)
5 - 6 Step L Fwd On Heel (5) , Grinding Heel Turn ¼ L Step R Back (6)
7 & 8 Step L Back (7), Close R Beside L (&), Step L Forward (8)

TAG : 8 COUNTS AFTER WALL 5

ROCKING CHAIR, JAZZ BOX

1 - 4 Rock R Forward (1), Recover On L (2), Rock R Back (3), Recover On L (4)
5 - 8 Cross R Over L (5), Step L Back (6), Step R To Side (7), Step L Forward (8)