Stretchy Pants AB



拍數: 32 牆數: 4 級數: Absolute Beginner

編舞者: Linda Scott (USA) - November 2018 音樂: Stretchy Pants - Carrie Underwood



#16 count intro

Other Music: Takin' Care of Business by BTO

DOUBLE HIP BUMP RIGHT, DOUBLE HIP BUMPS LEFT, RIGHT ROCKING CHAIR

1&2	Diagonal Step right bumping hip RLR (end weight forward on right)
3&4	Diagonal step left bumping hip LRL (end weight forward on Left)

5-6 Rock RF Forward, recover weight onto LF7-8 Step back on RF, recover weight to LF

STEP ½, SHUFFLE, WALK, WALK, SHUFFLE

1-2	Step forward on RF, turn ½ to left	(6:00)
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3&4 Step forward on RF, slide LF close to RF, Step RF forward

5-6 Step forward LF, step forward RF

7&8 Step forward on LF, slide RF close to LF

RIGHT GRAPEVINE, SIDE TOUCH, SIDE TOUCH

1-2	Step RF to right side, step LF behind RF
3-4	Step RF to right side, touch LF next to RF
5-6	Touch LF to left, touch LF next to RF
7-8	Touch LF to left, touch LF next to RF

LEFT GRAPEVINE 1/4 TURN, SIDE TOUCH, SIDE TOUCH

1-2	Step LF to left, step RF behind LF
1-2	Oled El lo lell. Sled M. Dellilla El

3-4 Step LF ¼ to left, touch RF next to LF (3:00)
5-6 Touch RF to right, touch RF next to LF
7-8 Touch RF to right, touch RF next to LF

Enjoy and Happy Holidays Kickinitwithlinda.com

Last Update: 7 Dec 2022