

A Cowboy's Dream

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Helaine Norman (USA) - December 2021
音樂: Hey Cowgirl - Randall King



Restart: 1 after 8 counts on wall 4 facing 6:00

Tag: 1 easy 4-count after wall 8 facing 6:00

I. ¼ R Turn Heel Dig, Back Coaster; Forward Lock, Shuffle

1-2 Touch R heel forward, fan R toes R making ¼ right, weight to L, hitch R knee 3:00
3&4 Step R behind L, step L together, step R forward
5-6 Step L forward, lock R behind L
7&8 Step L forward, step R together, step L forward

Optional Styling for counts 5-6, 7&8: Bend forward/over (as if bowing with respect) while holding fingers on rim of cowboy/cowgirl hat or mimic it.

□ RESTART DURING WALL 4 FACING 6:00. (Wall 4 starts at 3:00.)

II. ½ L Pivot Turn, 1/2 L Triple Turn; Rock Recover, Cross, Point

1-2 Step R forward making ½ turn left, weight to L 9:00
3&4 Step R, step L together, step R Step L making ½ turn left 3:00
5&6 Rock L back, recover to R
7-8 Step L over R, point R side

III. ¼ R Jazz Box Turn Ending with Touch; Side Touch, Kick Ball Change

1-2 Step R over L, step L back
3-4 Step R side making ¼ turn right, touch L together 12:00
5-6 Step L side, touch R together
7&8 Kick R forward, ball on L, step L

Optional for 7-8: Heel Switches: 7&8&:

Touch R heel forward, step R together, step L heel step L together

IV. ¼ L Pivot Turn, Forward Triple; ½ R Pivot Turn, Forward Triple

1-2 Step R forward making ¼ turn left, weight to L 3:00
3&4 Step R forward, step L together, step R forward
5-6 Step L forward making ½ turn right, weight to R 9:00
7&8 Step L forward, step R together, step L forward

* TAG AFTER WALL 8, FACING 6:00: Step R side, touch L together; step L side, touch R together.

OPTIONAL EXCHANGE OF STEPS 3&4 and 7&8 ONLY DURING WALL 5: Starts when words are sung "You're still running." run forward RLR instead of shuffle forward.

REPEAT

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Last Update - 3 Mar 2022 - R2