

My Way

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
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音樂: My Way - Cassette



S1. WALK FORWARD (R-L) - FORWARD LOCK SHUFFLE - FORWARD ROCK - COASTER STEP

1-2 Step R forward, step L forward
3&4 Step R forward, L lock behind R, step R forward
5-6 Step L forward, recover on R
7&8 Step L back, close R to L, step L forward

S2. MONTEREY 1/2 - CROSS ROCK - CHASSE

1-2 Touch R to side, 1/2 turn R close R beside L
3-4 Touch L to side, close L beside R
5-6 Cross R over L, recover on L
7&8 Step R to side, close L beside R, step R to side

S3. CROSS - SIDE - SAILOR STEP - WEAVE

1-2 Cross L over R, step R to side
3&4 Cross L behind R, step R to side, step L in place
5-6 Cross R over L, step L to side
7-8 Cross R behind L, touch L to side

S4. CROSS TOUCH (L-R) - FORWARD ROCK - ¼ TURN SIDE - TOUCH

1-2 Cross L over R, touch R to side
3-4 Cross R over L, touch L to side
5-6 Step L forward, recover on R
7-8 ¼ turn L step L to side, close touch R beside L

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