

Bumpy Ride

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Helma Yoga (INA) - December 2021
音樂: Bumpy Ride - Mohombi



Restart on wall 3 , 8 after 16c

Start dance After intro 32c

#1 * FORWARD MAMBO - STEP BACK - SAILOR STEP. -TRIPLE CROSS 1/4 TURN RIGHT*

1&2 R forward , L in the place , R back
3-4 L back , R back
5&6 L cross behind R , R to side , L side
7&8 R cross over L , L in the place , 1/4 turn right step R forward (03.00)

#2 *SAMBA WISHK - SIDE TOUCH - CLOSE SIDE TOUCH - COASTER STEP - FORWARD LOCK SUFFLE*

1a2 L to side , R ball cross behind L , L tap in the place
3&4 R touch to side , R close touch beside L , R touch to side
5&6 R back , L beside R , R forward
7&8 L forward , R lock behind L , L forward

#3 *DIAMOND 1/4 TURN RIGHT - SIDE TOUCH (HIP BUMP) - SIDE CROSS BEHIND - SIDE CROSS OVER *

1&2 R cross over L , 1/8 turn left step L back , R back with L knee up
3&4 L back , 1/8 turn right step R to side , L forward (06.00)
5&6 R touch point to side with hip up , left , right
7&8 R cross behind L , L to side , R cross over L

#4 *VOLTA 1/4 TURN LEFT - SIDE MAMBO (R-L)*

1&2& 1/6 turn left step L forward , R ball behind L , 1/6 turn left step L forward , R ball behind L
3&4 1/6 turn left step L forward , R ball behind L , L forward (09.00)
5&6 R to side , L in the place , R close beside L
7&8 L to side , R in the place , L close beside R
