Be @ Easy



拍數: 32 牆數: 4 級數: Improver

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音樂: Xiao Yao Zi Zai (逍遙自在) - Teresa Teng (鄧麗君)



Intro 32, Bpm 96

S1: Weave, Cross Rock Recover, Chasse

1-4 cross Rf over Lf, step Lf to L side, cross Rf behind Lf, step Lf to L side

5-6 rock cross Rf over Lf, recover to Lf

7&8 step Rf to R side, step Lf next to Rf, step Rf to R side

S2: Weave 1/4R, 1/4R Pivot, Cross, Sweep

1-4 cross Lf over Rf, step Rf to R side, cross Lf behind Rf, turn ¼ to R stepping Rf forward

5-6 step Lf forward, turn ½ to R stepping Rf in place

7-8 step Lf forward, turn 1/4 to L sweeping Rf from back to front

Restart Here during W3, facing 12H

S3: (Forward, Point Side) RL, (Back, Hitch) RL, Back, 1/4L Hitch, Side

step Rf forward slightly cross, point Lf to L side
step Lf forward slightly cross, point Rf to R side
step Rf back hitching Lf, step Lf back hitching Rf

7-8 step Lf back hitching Rf with ¼ turn to L, step down Lf to L side

Restart Here during W4, facing 3H

S4: Rolling Vine R Clap, Rolling Vine L, Touch, Point Side

turn ¼ to R stepping Rf forward, turn ½ to R stepping Lf back
turn ¼ to R step Rf to R side, touch Lf next to Rf clapping
turn ¼ to L stepping Lf forward, turn ½ to L stepping Rf back

7-8& turn ¼ to L stepping Lf to L side, touch Rf next to Lf, point Rf to R side

Ending: at the end of W10 with the change to the 8th count of S4 to below

8 turn ¼ to R stepping Rf in place and finish facing 12H

Thanks and happy dancing!
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