Lay Low Simply

拍數: 32

級數: Beginner +

編舞者: Brian Provini (CAN) - December 2021

音樂: Lay Low - Josh Turner

#48 Count Introduction

RESTART ON WALL FOUR AFTER 16 COUNTS

SIDE ROCK, RECOVER, CROSS X2

- 1-2 Rock R To Side, Recover L
- 3-4 Step R Across L, And Ball L To Side, Step R Across L
- 5-6 Rock L To Side Recover R
- 7-8 Step L Across R, And Ball R To Side, Step L Across R

RIGHT STEP TOUCH LEFT KICK BALL CHANGE - SAME WITH LEFT

- 9-10 Step R To The Right, Touch L Next To Right
- 11-12 Kick L Out (Keep It Low), Return L And Take Weight, Step On R
- 13-14 Step L To The Left, Touch R Next To Left
- 15-16 Kick R Out (Keep It Low), Return R And Take Weight, Step On L

Restart On Wall Four Here

WEAVE TO THE RIGHT END WITH A TOUCH

- 17-18 Step R To The Right, Cross L Over R,
- 19-20 Step R To The Right, Touch L Behind R,

1/4 PIVOT TURN COASTER STEP

- 21-22 Step L Forward And Pivot 1/4 Right Weight Ending On R
- 23-24 Step Back On L, Step R Next To L, Step Forward On L

SHUFFLE (CHA CHA) BACK FOR 4 COUNTS

- 25-26 Shuffle Back Stepping R L R
- 27-28 Shuffle Back Stepping L R L

MONTEREY ¼ RIGHT

- 29-30 Point R Side Right. Turn ¼ Right On Ball Of L- Step Down On R
- 31-32 Point L Side Left, Step L Beside R





牆數: 2