One In A Million



拍數: 32 牆數: 4 級數: Beginner 編舞者: Micaela Svensson Erlandsson (SWE) - November 2021

音樂: You're the One - Ciarán Rosney



Intro: 32 Counts - No Tags Or Restarts

Section 1 Rock Step	. Back Lock Step	 Rock Step. 	Forward Lock Step.

1-2 Rock forward on right. Recover onto left.

3&4 Step back on right. Lock left over right. Step back on right.

5-6 Rock back on left. Recover onto right.

7&8 Step forward on left. Lock right behind left. Step forward on left.

Section 2 Step. 1/4 Turn left. Cross Shuffle. Side Rock. Behind. Side. Cross.

1-2 Step forward on right. Turn ¼ left.

3&4 Cross right over left. Step left to left side. Cross right over left.

5-6 Rock left on left foot. Recover onto right.

7&8 Cross left behind right. Step right to right side. Cross left over right.

Section 3 Side. Touch & Clap. Side. Kick & Clap. Behind. Side. Cross. Side. Touch & Clap. Side. Kick & Clap. Behind. Side Step.

1& Step right to right side. Touch left beside right & Clap.

Step left to left side. Kick right foot in the right diagonal & Clap.
Cross right behind left. Step left to left side. Cross right over left.

5& Step left to left side. Touch right beside left & Clap.

6& Step right to right side. Kick left in the left diagonal & Clap.

7&8 Cross left behind right. Step right to right side. Step forward on left.

Section 4 Modified Rock Step. Shuffle ½ Turn back. Modified Rock Step. Coaster Step.

1&2 Rock forward on right. Hook left up behind right. Recover onto left.

3&4 Make a Shuffle ½ Turn back over your right shoulder stepping right, left, right.

5&6 Rock forward on left. Hook right up behind left. Recover onto right.

7&8 Step back on left. Step right beside left. Step forward on left.

Ending:

As the music comes to an end Replace the Shuffle ½ Turn with a Shuffle ¼ turn, to finish facing the front wall.