

Out Out

拍數: 32 牆數: 4 級數: Improver
編舞者: Antonella MAZZEO (FR) - November 2021
音樂: OUT OUT (feat. Charli XCX & Saweetie) - Joel Corry & Jax Jones



Section 1 : STEP OUT R&L, R PONY BACK ROCK RECOVER TRIPLE FWD

1 2 Step R out to R side (1), step L out to L side (2)
3 & 4 Step R back hitching L knee (3), step L down (&), step R back hitching L knee (4)
5 6 Step back LF recover
7 & 8 Step forward on L, step R next to L, Step forward on L,

Section 2 : PUSH SIDE ROCK RECOVER, TOGETHER R/L (EASY VERSION : JAZZ BOX 1/4 TURN CROSS)* (HIGHT VERSION 1/4 DIAMANT)

1 & 2 Rock R on R side, recover weight onto L, step R beside L
3 & 4 Rock L on L side, recover weight onto R, step L beside R
5 6 Easy Version:Cross RF over LF, Step back on L,
7 8 1/4 turn, Step R to R side, Step Fwd on L,
5 & 6 High Version :Cross RF over LF, 1/8 turn on R LF back, RF back
7 & 8 RF Behind LF, step RF on Right Side, Step LF forward,

Section 3 : STEP OUT R&L IN POINT SAILOR STEP L SAILOR 1/4 TURN

1 2 Step R out to R side (1), step L out to L side (2)
3 4 step R in to R side, Point LF in to L side,
5 & 6 Step LF behind R, step RF to R side, step LF to L side
7 & 8 Step RF behind L, step LF to R side, ¼ R stepping RF forward

Section 4 : STEP OUT L&R HOLD STEP IN L&R TOUCH X3 1/4 TURN R SIDE HEEL

& 1 2 Step L out to L side (&), step R out to R side (1) Hold (2)
& 3 4 Step L in to L side (&), step R in to R side (3) Hold (4)
& 5 & 6 (&)Step LF to L side, (5)touch RF next to L, (&)stepping RF to R side, (6)touch LF next to R
& 7 & 8 (&)¼ turn L stepping LF to L side, (7)touch RF next to L, (&)Step RF to R side, (8)touch L heel to L side