

Single Bells

拍數: 32 牆數: 2 級數: Beginner
編舞者: Marla Brandon (USA) - November 2021
音樂: Single Bells - The Band McMillan



Skate R/L/dbl R, Skate L/R/dbl L

1, 2 Step R forward on an angle, bring L in, slide L forward on an angle, bring R in
3 & 4 Step R forward, bring L in, step R forward, bring L in.
5, 6 Step L forward on an angle, bring R in, slide R forward on an angle, bring L in
7 & 8 Step L forward, bring R in, step L forward, bring R in

Cross Rock R over L, coaster R, Cross Rock L over R, coaster L

1, 2 Cross R over L on an angle, recover
3 & 4 Step back on R, bring L back beside R, step forward R
5, 6 Cross L over R on an angle, recover
7 & 8 Step back on L, bring R back beside L, step forward L

Rock forward R, recover with a R triplet turn for a half then a L triplet turn for a half, rock back R and recover

1, 2 Rock forward R, recover
3 & 4 Triplet turn back (180 degrees) leading R
5, 6 Continue triplet turn (180 degrees) leading L
7 & 8 Rock back on R foot and recover

Slide out to R side, 2 heel chugs, 2 paddle turns to new wall

1, 2 Step R to side, slide L in
3 & 4 Lift both heels 2 times
5, 6, 7, 8 Paddle turn with R foot, turning over L shoulder 2x

One tag: At end of wall two execute a 4 count jazz box

Happy Holidays everyone, hope you enjoy the dance.

If any questions or comments please feel free to contact me at marla_brandon@att.net