Stretchy Pants

拍數: 32

級數: Beginner

編舞者: Linda Scott (USA) - November 2021

- 音樂: Stretchy Pants Carrie Underwood
 - 或: I'm That Kind of Girl Patty Loveless
 - 或: Have Mercy The Judds
 - 或: Takin' Care of Business Bachman-Turner Overdrive

Other music: Takin Care of Business by BTO A Little Less Talk and a Lot More Action - Toby Keith (no tags or restarts) Damn Good Day to Leave - Riley Green (intro 16 c)

#16 count intro - 2 restarts

DOUBLE HIP BUMP RIGHT, DOUBLE HIP BUMPS LEFT, RIGHT ROCKING CHAIR

- 1&2 Diagonal Step right bumping hip RLR (end weight forward on right)
- 3&4 Diagonal step left bumping hip LRL (end weight forward on Left)
- 5-6 Rock RF Forward, recover weight onto LF
- 7-8 Step back on RF, recover weight to LF

STEP ½, SHUFFLE, WALK, WALK, SHUFFLE

- 1-2 Step forward on RF, turn ¹/₂ to left (6:00)
- 3&4 Step forward on RF, slide LF close to RF, Step RF forward
- 5-6 Step forward LF, step forward RF
- 7&8 Step forward on LF, slide RF close to LF, Step LF forward

RESTART HERE ON WALLS 4 AND 8

RIGHT GRAPEVINE, SIDE TOUCH, SIDE TOUCH

- 1-2 Step RF to right side, step LF behind RF
- 3-4 Step RF to right side, touch LF next to RF
- 5-6 Touch LF to left, touch LF next to RF
- 7-8 Touch LF to left, touch LF next to RF

LEFT GRAPEVINE ¼ TURN, SIDE TOUCH, SIDE TOUCH

- 1-2 Step LF to left, step RF behind LF
- 3-4 Step LF ¼ to left, touch RF next to LF (3:00)
- 5-6 Touch RF to right, touch RF next to LF
- 7-8 Touch RF to right, touch RF next to LF

**2 restarts after 16 counts on wall 4 and 8 Wall 4 starts @ 9:00 with the restart starting at 3:00 Wall 8 starts @ 12:00 with the restart starting at 6:00

Enjoy and Happy Holidays Kickinitwithlinda.com

Last Update: 17 Sep 2024





牆數:4