

# Waltz of the West (P)

**COPPER** KNOB  
STEPSHEETS

拍數: 48      牆數: 2      級數: Improver Partner  
編舞者: Rob Everett (USA) & Barbara Everett (USA) - 2019  
音樂: West - Lucinda Williams



Alt. Music: Right Where I Want You (Alan Jackson) [93 bpm]; Captured (Rick Tippe) [99 bpm]; any slow waltz

**NOTE:** All instructions are given from the Lead's perspective. Follow steps are opposite except where noted. During the dance, partners will dance in three different holds/positions, i.e. closed hold (closed ballroom), open hold (two-hand open), and sweetheart position (sie-by-side with LH in LH and RH in RH at shoulder height).

No tags or restarts!

Starting Position: Closed hold with Lead facing 12:00 wall.

## [1-6] WALTZ BALANCE FORWARD AND BACK

- 1-3      Step LF FWD (1), step RF beside LF (2), step LF in place (3)
- 4-6      Step RF back (4), step LF beside RF (5), step RF in place (6)

## [7-12] WALTZ BALANCE FORWARD / WALTZ BALANCE BACK WITH ¼ TURN L

- 1-3      Step LF FWD (1), step RF beside LF (2), step on LF in place (3)
- 4-6      Turn ¼ L and step RF back (4), step LF beside RF (5), step RF in place (6)

## [13-18] WALTZ BALANCE FORWARD / WALTZ BALANCE BACK WITH ¼ TURN L

- 1-3      Step LF FWD (1), step RF beside LF (2), step on LF in place (3)
- 4-6      Turn ¼ L and step RF back (4), step LF beside RF (5), step RF in place (6)

## [19-24] WALTZ BALANCE FORWARD / WALTZ BALANCE BACK WITH SEPARATION TO TWO-HAND OPEN

- 1-3      Step LF FWD (1), step RF beside LF (2), step on LF in place (3)
- 4      Lead takes a big step back on LF (Follow takes a small step FWD on RF) and starts to slide both hands down Follow's arms (4)
- 5      Step RF beside LF and complete separation to two-hand open hold (5)
- 6      Step LF in place (end facing each other with RH/LH and LH/RH connection in front of each partner) (6)

**NOTE:** On count 6, it is helpful if the Lead looks left and extends left hand to the left to begin the side rocks; this makes it easier for the Follow to anticipate the side rock that is coming up next.

## [25-30] STEP L, ROCK BEHIND, RECOVER / STEP R, ROCK BEHIND, RECOVER

- 1-3      Step LF to L (1), rock RF behind LF (2), recover on LF (3)
- 4-6      Step RF to R (4), rock LF behind RF (5), recover on RF (6)

## [31-36] STEP L AND SWITCH HANDS, ROCK BEHIND, RECOVER / TURN FOLLOW ½ L TO SWEETHEART

- 1      Step LF to L and bring Follow's LH to Lead's LH at shoulder height and drop RH below LH and pick up Follow's RH (1)
- 2      Rock RF behind LF (move crossed-arms slightly to L of center with L arm on top) (2)
- 3      Recover on LF and maintain crossed-arms position with a slight check to L (contra body movement) (3)

### LEAD STEPS:

- 4      Step RF to R and lead Follow to turn ½ L to sweetheart position (Lead's LH will move CCW over Follow's head) (4)
- 5      Slight rock behind on LF and continue lead to sweetheart position (5)

6 Recover on RF and settle into sweetheart position with Follow on R (6)

**FOLLOW STEPS:**

4 Turn ¼ L and step LF FWD (4)

5 Pivot ¼ on ball of LF and step RF beside LF (5)

6 Step LF in place (6)

**NOTE: Sweetheart position is usually with weight on the same feet for partners (i.e. shadow step). However, in this dance, weight is on opposite feet.**

**[37-42] WALTZ BALANCE BACK / WALTZ STEP IN PLACE FOR LEAD AND ½ TURN L FOR FOLLOW**

1-3 Step LF back (1), step RF beside LF (2), step LF in place (3)

**LEAD STEPS:**

4 Step RF in place and initiate ½ turn L for Follow (raise RH above Follow's head and circle CCW with RH)

5 Step LF in place and change hands to LH/RH hold while lowering arms to waist height (turn should be at least ¼ turned at this point)

6 Step RF in place with toe turned out to R and release RH and extend R arm to R (this completes the ½ turn for the Follow; be prepared to continue the rotation into the next section for an additional ¼ turn L) (6)

**FOLLOW STEPS:**

4 Step LF diagonal FWD L and turn ¼ L (RH will be raised above Follow's head and circled CCW) (4)

5 Step RF beside LF and expect Lead to change hand hold as R arm begins to be lowered (5)

6 Turn ¼ L and step on LF (end facing partner; R arm should now be at waist level with good connection) (6)

**[43-48] CROSSOVER BREAK / OUTSIDE 1 TURN BACK TO CLOSED HOLD**

1 Turn ¼ R on ball of RF and rock FWD on LF (punch Lead's LH and Follow's RH through the middle) (1)

2 Recover on RF (2)

3 Turn ¼ L and step LF to L (rotate Follow ¼ with LH; end facing with LF/RH patty cake with good connection) (3)

**LEAD STEPS:**

4 Step RF in place and initiate outside turn for Follow (4)

5 Step LF in place and circle LH CW above Follow's head (5)

6 Step RF in place and return to closed hold (6)

**FOLLOW STEPS:**

4 Pivot ¼ R on ball of RF and step LF FWD (as Lead initiates outside turn) (4)

5 Pivot ½ R on ball of LF and step FWD on RF (Lead will start lowering Follow's RH to shoulder height) (5)

6 Pivot ¼ turn R on ball of RF and step LF beside RF (Lead will reestablish closed hold) (6)

**NOTE: it is important that the Lead does not "crowd" the Follow during the outside turn. This will avoid any chance of elbow to chest or head contact.**

**Start Over**

Step sheet updated by Dick Rogers, [wildwoodlabs@gmail.com](mailto:wildwoodlabs@gmail.com), 25 Nov 2021.

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