Nos Sourires



拍數: 32 編數: Improver / Intermediate

編舞者: Angéline Fourmage (FR) - 20 November 2021 音樂: Ils sont beaux nos sourires - Francis Lalanne



Start: 16 Counts (On the lyrics) - No Tag - No Restart

IA OLD Deele Niele Olek		Deels Misks Olisk Wasses
11-81 K Basic Night-Club.	·L	Basic Night-Club. Weave

1-2&	RF to the R side, Cross LF behind RF, Cross RF over LF
3-4&	LF to the L side, Cross RF behind LF, Cross LF over RF

5-6& RF to the R side with L Sweep from front to the back, Cross LF behind RF, RF to the R side 7-8& Cross LF over RF with R Sweep from back to the front, Cross RF over LF, LF to the L side

[9-16] Rock-Step, Step Turn ½ L, ½ L, Sweep, Back, Sweep, Back, Sweep, Coaster-Step

1-2	RF Back	Recover to LF

3&4 RF FW, Pivot ½ L, ½ L with RF Back with L Sweep from front to the back

5-6 LF Back with R Sweep from front to the back, RF Back with L Sweep from front to the back,

7&8 LF Back, RF next to LF, LF FW

[17-24] Walk, Walk, Step-Turn ¼ L, Cross, ¼ R, ¼ R, Cross, Rock-Step, ¼ L

1-2 RF FW, LF FW

3&4 RF FW, Pivot ¼ L, Cross RF over LF

5&6 Make ¼ R with LF Back, Make ¼ R with RF to the R side, Cross LF over RF

7-8 RF to the R side, Recover to LF with ¼ L

[25-32] ½ L, ¼ L, Cross, Sway, Sway, Sway, ¼ R, ½ R, ½ R, Step FW

1&2 Make ½ L with RF Back, Make ¼ L with LF to the L side, Cross RF over LF

3-4 LF to the L side with Sway, R Sway5-6 L Sway, Make ¼ R with RF FW

7&8 Make ½ R with LF Back, Make ½ R with RF FW, LF FW

Smile et enjoy the dance

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