

Rescue You

拍數: 48 牆數: 4 級數: Intermediate Viennese Waltz
編舞者: Jenny Stephenson (UK) & Dave Morgan (UK) - November 2021
音樂: Rescue - Lauren Daigle : (iTunes)



Start on Vocals (On the word Hidden) (NO TAGS OR RESTARTS)

Balance to the R, ¼ turn L Sweeping R foot, Cross rock, weave

- 1,2,3 Big step to R with R foot (1) Rock L foot behind R foot (2) Recover on R foot (3)
4,5,6 Make a ¼ turn over L shoulder as you step forward on L foot 9 o'clock (1) Sweep R foot from the back to the front over two count (5,6)
1,2,3 Rock R foot over L (1) Recover weight on to L foot (2) Step R to R side (3)
4,5,6 Cross L over R (4) Step R to R side (5) Step L behind R (6)

Slide R and hold, full turn, Step hold Run back to the diagonal

- 1,2,3 Big step to R with Right Foot (1) Hold/drag L foot in for two counts (2, 3)
4,5,6 Making a ¼ turn over L shoulder step forward on the L foot (4) making ½ turn over L shoulder step back with R foot (5) making ¼ turn over L shoulder step L foot to L side (6)
1,2,3 Turning to face 7.30, step forward on R foot (1) hold for two counts or lift the L leg up into arabesque position (2,3)
4,5,6 Still facing 7.30, step back on L foot (4) Step back on R foot (5) Step back on L foot (6)

Sweep, Step rock recover, ½ turn hitch, weave

- 1,2,3 Making an 1/8 of a turn L (6 o'clock), step back on R foot and sweep the L foot from the front to the back (1,2,3)
4,5,6 Step the L foot behind the R foot (4) Rock the R foot to the R (5) Recover weight onto the L foot (6)
1,2,3 Step back on the R foot (1) making a ½ turn over L shoulder Hitch the L foot up to the R knee (option sweep L leg) (2, 3)
4,5,6 Step L foot behind R foot (4) Step R to R side (5) cross L foot over R foot (6)

½ turn curve, cross point hold, cross point hold, ¾ turning sailor step

- 1,2,3 Making a ¼ turn R step R foot forward 3 o'clock (1) Making a ¼ turn R step L to L side 6 o'clock (2) step R to R side (3)
4,5,6 Cross L foot over R (1) point R foot to R side (2) Hold (3)
1,2,3 Cross R foot behind L (4) point L foot to L side (2) Hold (3)
4,5,6 Step L foot behind (4) making a ¼ turn L Step L to L side 3 o'clock (5) making ½ turn L cross L foot over R 9 o'clock (6)

Start again.