Champagne Cha-Cha



編舞者: Rob Everett (USA) - 2016

音樂: Champagne Promise - David Nail



OR - any suitable tempo cha-cha-cha music

Starting Position: Feet together with weight on RF, and facing 12:00 wall

[1-8] HEEL, CROSS, SHUFFLE FWD / HEEL, CROSS, SHUFFLE FWD

1-2 Touch L-heel FWD (1), cross and touch L-toe over RF (or hook) (2)

3&4 Step LF FWD (3), slide RF to heel of LF (3rd position) or lock (&), step LF FWD (4)

5-6 Touch R-heel FWD (5), cross and touch R-toe over LF (6)

7&8 Step RF FWD (7), slide LF to heel of RF (3rd position) or lock (&), step RF FWD (8)

[9-16] CROSS ROCK, RECOVER, CHASSE L / CROSS ROCK, RECOVER, CHASSE R

1-2 Cross and rock LF over RF (1), recover on RF (2)

3&4 Chasse L: Step LF to L (3), step RF beside LF (&), step LF to L (4)

5-6 Cross and rock RF over LF (5), recover on LF (6)

7&8 Chasse R: Step RF to R (7), step LF beside RF (&), step RF to R (8)

[17-24] TURN ¼ R, PIVOT ¼ R, CROSSING SHUFFLE / SIDE ROCK, RECOVER, CROSSING SHUFFLE

1-2 Turn ¼ R and step LF FWD (1), pivot ¼ on ball of LF and step RF to R (2)

3&4 Crossing shuffle R: Cross LF over RF (3), slide RF to LF (&), cross LF over RF (4)

5-6 Rock R on RF (5), recover on LF (6)

7&8 Crossing shuffle L: Cross RF over LF (7), slide LF to RF (&), cross RF over LF (8)

[25-32] ROCK FWD, RECOVER, ½ TURN TRIPLE L / STEP FWD, PIVOT ½ TURN L, STEP FWD, LOCK BEHIND, STEP FWD

1-2 Rock FWD on LF (1), recover on RF (2)

3&4 Triple ½ turn L: Turn ¼ L and step LF to L (3), step RF beside LF (&), turn ¼ L and step LF

FWD (4)

5-6 Step RF FWD (5), pivot ½ turn L on ball of RF and transfer weight to LF (6)

7&8 Step RF FWD (7), slide LF to heel of RF (3rd position) or lock (&), step RF FWD (8)

Start Over

NOTE: For a little added challenge, change the count and steps to typical cha-cha-cha rhythm. To do that, start the dance with a RF single cha step FWD or to the R side (1), and then follow all the same steps as written above. Count all the 1-2 and 5-6 beats as 2-3, and the cha-cha-cha steps as 4&1. This is the traditional way to count cha-cha-cha and is a fun way to get familiar with the 2,3,4&1 counting approach.

Step sheet updated by Dick Rogers, wildwoodlabs@gmail.com, 24 Nov 2021. Published with permission of the choreographer.

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