Reason To Smile

級數: Phrased Intermediate

編舞者: Mathew Sinyard (UK) - October 2021

音樂: Smile (Single Mix) - Sidewalk Prophets

Intro: 16 counts (18 seconds)

拍數: 80

Sequence: A, B, Tag 1, A, B, C, A, Tag 2, B, C, A.

Dance A:

- Section 1: Side Rock, Recover, Cross Shuffle, Side Rock Recover, Behind Side Cross.
- 12 Rock right to right side, recover on to left.
- 3&4 Cross right over left, step left to left side, cross right over left.
- 56 Rock left to left side, recover on to right.
- 7 & 8 Cross left behind right, step right to side, cross left over right.

Section 2: Ball ¼ Walk x2, Shuffle ¼, Cross Back Ball Cross Shuffle.

- Ball step on right, make a ¼ turn right stepping forward on left, make a ¼ turn right stepping & 12 forward right.
- 3 & 4 Shuffle a ¼ turn right stepping left, right, left.
- 56 Cross right over left, step back on left.
- & 7 & 8 Step ball of right beside left, cross left over right, step right to side, cross left over right.

Section 3: Side Behind, Ball Heel, Ball Touch, Ball Point Forward Side, Sailor ¼ Turn Left.

- 12 Step right to side, cross left behind right.
- & 3 & 4 Step on ball of right, tap left heel forward, step on ball of left, touch right beside left.
- & 56 Step on ball of right, point left foot forward, point left foot to left side.
- 7 & 8 Cross left behind right, make a ¼ turn left stepping right to side, step forward on to left.

Section 4: Right Shuffle Forward, Step Pivot ½, Left Shuffle Forward, Full Turn.

- 1&2 Step forward on right, close left beside right, step forward on right.
- 34 Step forward on left, pivot 1/2 turn right (weight ending on right).
- 5&6 Step forward on left, Close right beside left, step forward on left.
- 78 Make a ¹/₂ turn left stepping back on right, make a ¹/₂ turn left stepping forward on left (alt: Walk R L).

Dance B:

Section 1: Right Dorothy, Left Dorothy, Rock Recover Ball 1/2, 1/4.

- 12& Step right forward to right diagonal, cross left behind right, Step right forward to right diagonal.
- 34& Step left forward to left diagonal, cross right behind left, step left forward to left diagonal.
- 56 Rock right forward, recover left. (Straightening up to 12:00)
- & 78 Step ball of right beside left, make a 1/2 turn left stepping forward on left, make a 1/4 turn left stepping right to side.

Section 2: Sailor Step, Sailor ¼, Step Pivot ¼, Cross Shuffle.

- 1&2 Cross left behind right, step right to right side, step left to left side.
- 3 & 4 Cross right behind left, make a ¼ turn right stepping left to side, step right to side.
- 56 Step forward on left, pivot 1/4 turn right (weight ending on right).
- 7 & 8 Cross left over right, step right to side, cross left over right.

Section 3: Side Rock Recover, Ball Full Turn, Side Rock Recover, Behind, Hip & Shoulder Bumps.

12 Rock right to right side, recover on to left.





牆數: 1

- & 3 4 Step ball of right beside left, make a ¼ turn left stepping forward left, make a ¾ turn left stepping onto right.
- 5 6 Rock left to left side, recover on to right.
- 7 & 8 Cross left behind right, Slight hip bump to right raising right shoulder, slight hip bump left raising left shoulder ("Smile, Get Up & Dance").

Section 4: ¼, Step Pivot ½, Ball Step, Jazz Box Touch.

- 1 2 3 & 4 Make a ¼ turn right stepping forward on right, step forward on left, pivot ½ turn right (weight ending on right), ball step left beside right, step forward right.
- 5 6 7 8 Cross left over right, step back on right, step left to side, touch right beside left.

Dance C:

Section 1: Side Rock Recover, Ball Full Turn, Side Rock Recover, Behind, Clap Twice.

- 1 2 Rock right to right side, recover on to left.
- & 3 4 Step ball of right beside left, make a ¼ turn left stepping forward left, make a ¾ turn left stepping onto right.
- 5 6 Rock left to left side, recover on to right.
- 7 & 8 Cross left behind right, clap hands twice ("Smile, Just Clap Your Hands").

Section 2: ¼, Step Pivot ½, Ball Step, Jazz Box ¼ Left Touch.

- 1 2 3 & 4 Make a ¼ turn right stepping forward on right, step forward on left, pivot ½ turn right (weight ending on right), ball step left beside right, step forward right.
- 5 6 7 8 Cross left over right, step back on right, make a ¼ turn left stepping left to side, touch right beside left.

TAG 1: Rocking Chair, Right Shuffle Forward, Step Pivot ½, Left Shuffle Forward, Full Turn.

- 1 2 3 4 Rock forward right, recover left, rock back right, recover left.
- 5 & 6 Step forward on right, close left beside right, step forward on right.
- 7 8 Step forward on left, pivot ½ turn right (weight ending on right).
- 1 & 2 Step forward on left, Close right beside left, step forward on left.
- 3 4 Make a ½ turn left stepping back on right, make a ½ turn left stepping forward on left (alt: Walk R L).

TAG 2: 2x Pivot ½ Turns, Jazz box.

- 1 2 3 4 Step forward on right, pivot half turn left, Step forward on right, pivot half turn left.
- 5 6 7 8 Cross right in front of left, step back on left, step right to side, step forward on left.

Official YouTube Channel:- www.youtube.com/mathewsinyard