

Run Run Rudolph

COPPER KNOB
STEPPERS

拍數: 48 牆數: 4 級數: Beginner
編舞者: Yovana Russell (CAN) - November 2020
音樂: Run Run Rudolph - Luke Bryan



#32 count Intro free style twist dancing
Have Fun !

FAST FORWARD WALK, TOUCH FRWD, FAST BACK WALK, TOUCH TOGETHER

1,2,3,4 Step fwd on R, Step fwd on L, Step fwd on R , touch L foot fwd
5,6,7,8 Step back on L, Step back on R, Step back on L, touch R beside L.

HIP BUMP TWIST HOLD (R), HIP BUMP TWIST HOLD (L), TWIST (R L R L)

1-2 Hip bump twist to R, Hold
3-4 Hip bump twist to L, Hold
5-6-7-8 Twist R hip to R, Twist L hip to L, Twist R hip to R, Twist L hip to L

K - STEP

1, 2 Step R forward to R diagonal (1), touch L together (2) 12:00
3, 4 Step L back to L diagonal (3), touch R together (4) 12:00
5, 6 Step R back to R diagonal (5), touch L together (6) 12:00
7, 8 Step L forward diagonal (7), touch R beside L (8) 12:00

Vine R, touch, Vine L, touch

1,2,3,4 Step R to R side, Step L behind R, Step R to R side, Touch L beside R
5,6,7,8 Step L to L side, Step R behind L, Step L to a ¼ turn L, Touch R beside L

R Heel - Together (x2), L Heel - Together (x2)

1-2 Touch R heel forward, step R together
3-4 Touch R heel forward, step R together
5, 6 Touch L heel forward, step L together
7, 8 Touch L heel forward, step L together

R Heel - Together, L Heel - Together, R Heel - Together (x2)

1, 2 Touch R heel forward (1), step R together (2) 12:00
3, 4 Touch L heel forward (3), step L together (4) 12:00
5, 6 Touch R heel forward (5), touch R together (6) 12:00
7, 8 Touch R heel forward (7), step R together (8) 12:00

For more information contact me at kynamics@live.com