

You For Me

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Intermediate
編舞者: Hiroko Carlsson (AUS) - November 2021
音樂: You for Me - Sigala & Rita Ora : (Spotify / Amazon / iTunes)



(8 count intro)

[S1] 2x (R Heel Swivel Rock-Behind-Side-Cross Rock)

1 2 Weight on ball of R/swivel R heel to the right (lift L to the side), Replace weight on L
3&4& Step R behind L, Step L to the side, Step/rock R across L, Replace weight on L
5 6 Weight on ball of R/swivel R heel to the right (lift L to the side), Replace weight on L
7&8& Step R behind L, Step L to the side, Step/rock R across L, Replace weight on L

[S2] 1/4L Back, Back, Back-Together-Toe Strut, Fwd, Flip Turn 1/2R

1 2 Make a 1/4 turn left stepping back on R, Step back on L (9:00)
3& Step back on R, Step L together
4 5 6 Touch R toes forward, Drop R heel weight on R, Step forward on L
7&8 Step forward on R, Make a swift 1/2 turn right stepping back on L, Step back on R (3:00)

[S3] Toe Strut, Coaster Step, Full Turn, Lock Step Fwd

1 2 Touch L toes back, Drop L heel weight on L
3&4 Step back on R, Step L next to R, Step forward on R
5&6 Step forward on L, Make a 1/2 turn left stepping back on R, Make a 1/2 turn left stepping forward on L (3:00)
7&8 Step forward on R, Lock/step L behind R, Ste forward on R

[S4] 1/4R Side Shuffle, Behind Rock-Side Shuffle, Behind, 1/4R, Fwd

1&2 Make a 1/4 turn right stepping L to the side, Step R next to L, Step L the side (6:00)
3& Rock R behind L, Replace weight on L
4&5 Step R to the side, Step L next to R, Step R to the side
6 7 8 Step L behind R, Make a 1/4 turn right stepping forward on R, Step forward on L (9:00)

Ending suggestion: The last wall finishes facing 3:00.
Make a 1/4 turn left stepping R to the side (12:00).

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 24/Nov/21)