

Shalala Lala

拍數: 32 牆數: 4 級數: Beginner
編舞者: Enny Darmaji (INA) - November 2021
音樂: Shalala Lala - Vengaboys



Intro : 4 x 8 count

Intro dance : 64 count

S1 DIAGONAL FORWARD- TOGETHER-DIAGONAL FORWARD-TOUCH TOGETHER

1-4 Step R together forward, step L together, step L together, Step R diagonal forward, step L together
5-8 Step L diagonal forward, touch L together, Step L diagonal forward, touch R together

S2 BACK - BACK-BACK- KICK

1-4 Step R back, step L back, step R back, kick L
5-8 step L to L, step R back, step L back, kick R

S3 Repeat section 1

S4 Repeat section 2

S5 SIDE - BEHIND - SIDE - TOUCH

1-4 Step R to R, step behind R, R step to R, touch L beside R
5-8 Step L to L, step R behind L, step L to L, touch R beside L

S6 V STEP - V STEP

1-2 Step R diagonal forward, step L diagonal forward
3-4 Step R back to centre, close L beside R
5-6 Step R diagonal forward, step L diagonal forward
7-8 Step R back to centre, close L beside R

S7 REPEAT S5

S8 REPEAT S6

MAIN DANCE

S1 SIDE ROCK- RECOVER- COUSTER STEP- SIDE ROCK- RECOVER AND TURN ¼ LEFT AND BACK SWEEP- COUSTER STEP

1-2 Rock R to side right, recover on L
3&4 Step R back (&) step L Step back together, step R Forward
5-6 Rock L to side left, Recovered and turn ¼ left and sweep L back
7&8 Step L back, close R beside L step L forward (09.00)

S2 TOE STRUT- PADDLE TURN ¼

1-2 Touch R forward, drop your R heel in place
3-4 touch L forward, drop your L heel in place
5-6 touch R toe to L side, hitch R knee across L in turning ¼
7-8 touch R toe to L side, hitch R knee across L in turning ¼ (03.00)

S3 WALK-LOCK SHUFFLE, PIVOT ¼ RIGHT- CROSS SHUFFLE

1-2 walk R-L
3&4 step R forward, lock L behind R, step R forward
5-6 step L forward, turn ¼ right step R in place
7&8 cross L over R, step R to side, cross L over R (06,00)

S4 TOUCH TO SIDE- FORWARD-TOUCH TO SIDE- JAZZ BOX

1-2 step R forward, touch toe to side

3-4 step L forward, touch toe to side

5-6 cross R over L, $\frac{1}{4}$ turn to right

7&8 Step L back , step R to side,step L forward (09.00)

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