

Its a Beautiful Day

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4
編舞者: Uli Elfrida (INA) - November 2021
音樂: Beautiful Sunday - Daniel Boone

級數: Absolute Beginner



Section 1 : Walk forward, hold

1 2 3 4 Step forward R - L - R - hold
5 6 7 8 Step forward L - R - L - hold

Section 2 : Step back - kick (4 X)

1 2 3 4 Step R back, kick L forward, step L back, kick R forward
5 6 7 8 Step R back, kick L forward, step L back, kick R forward

Section 3 : Right mambo, Left mambo

1 2 3 4 Rock R side, recover on L, step R next to L, hold
5 6 7 8 Rock L side, recover on R, step L next to R, hold

Section 4 : Forward touch (R - L), 1/4 right forward touch (R - L)

1 2 3 4 Touch R toe forward, step R in place, touch L toe forward, step L in place
5 6 7 8 1/4 turn right touch R toe forward, step R in place, Touch L toe forward, step L in place

Enjoy the dance!

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