

Stretchy Pants

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: HP Low (UK) & Babs Low (UK) - November 2021
音樂: Stretchy Pants - Carrie Underwood



Intro - 16 cts

Section 1 - Basic to right with bent knees, out in, out in

- 1-2 Step R ft to R with knees bent, step L next to R and straighten up
- 3-4 Step R ft to R with knees bent, touch L next to R and straighten up
- 5-6 Touch L ft to L, touch L ft next to R
- 7-8 Touch L ft to L, touch L ft next to R

Section 2 - Basic to left with bent knees, ¼ turn to L in, out, in

- 1-2 Step L ft to L with knees bent, step R next to L and straighten up
- 3-4 Step L ft to Left with knees bent, touch R next to L and straighten up
- 5-6 ¼ L turn and step on R ft, step L next to R (9.00)
- 7-8 Touch L to L, Touch L next to R

Restart - dance 16 cts on Wall 4 and restart occurs at 6.00 (step on L ft on count 8 before restart)

Section 3 - Modified left K step

- 1-2 Step L fwd to L diagonal, touch R next to L ft
- 3-4 Step R back to R diagonal, touch L next to R
- 5-6 Step L back to L diagonal, step R next to L
- 7-8 Step L back to L diagonal, touch R next to L

Section 4 - 2 x ¼ L paddle turns, jazz box

- 1-2 Step R fwd, ¼ turn L (weight on L)
- 3-4 Step R fwd, ¼ turn L (weight on L)
- 5-6 Cross R ft over L, step back on L
- 7-8 Step R ft to R, step L ft next to R