

Swing The Mood

COPPER KNOB
STEPPERS

拍數: 48 牆數: 4 級數: Improver
編舞者: Pamela Ratz (USA) - November 2021
音樂: Swing the Mood - Jive Bunny



#32 Count Intro

S1: Toe Strut Jazz Box

1-2 Touch R toe across L, drop Right heel and put weight on RF
3-4 Touch L toe back, drop L heel and put weight on LF
5-6 Touch R toe to the R, drop R heel and put weight on RF
7-8 Touch L toe next to R, drop L heel and put weight on LF

S2: (R) Side Mambo Hold, (L) Side Mambo Hold

1-4 Rock RF to R, Recover weight on LF, Step RF next to L, Hold
5-8 Rock LF to L, Recover weight on RF, Step LF next to R, Hold

S3: Pivot 1/2 Left, Pivot 1/4 with Holds

1-2 Step RF forward, Hold
3-4 Pivot 1/2 turn left on balls of feet, Hold
5-6 Step RF forward, Hold
7-8 Pivot 1/4 turn left on balls of feet, Hold

S4: Charleston

1-2 Swing R toe forward, hold
3-4 Swing RF to step behind, hold
5-6 Swing L toe back, hold
7-8 Swing LF to step forward, hold

S5: Repeat S4

S6: Diagonal Lock Step with Brush RF & LF

1-4 Step RF forward, lock LF behind R, step RF forward, brush LF
5-8 Step LF forward, lock RF behind L, step LF forward, brush RF

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