Intan Payung

拍數: 64

級數: Phrased Improver

編舞者: Sophia KSF (MY) - November 2021

音樂: Intan Payung (feat. Noraniza Idris) - Bunga

SEQUENCE : ABB B- ABB AAA (B- dance to 16c)

Start 17 sec into music

PART A (32c)

Section 1 : Press RF forward, both hands above head, hip lifts, back rock recover x 2

- 1-2 Press RF forward(1), both hands above head, curving inwards(2)
- 3&4 Right hip up, down and up while still pressing RF forward
- 5-6 Rock RF back, recover on LF
- Rock RF back, recover on LF 7-8

Section 2 : Cross Shuffle flick LF, cross and unwind full turn

- RF cross over LF, LF to left 1-2
- 3-4 RF cross over LF, flick LF to left
- 5 Cross LF over right
- 6-8 Unwind full turn (During count 7,8 - both index fingers hitting invincible drum)

Section 3 : Jazzbox 1/4 right, cross and side point

- 1-2 Cross RF over left, step LF back
- 3-4 RF to right with 1/4 right turn, forward LF (3 o'clock)
- 5-6 RF to right, LF point over RF
- 7-8 LF point left, LF point over RF

Section 4: LF to left, ¼ left turn to RF right, ¼ left, forward 3 steps, Jazzbox ¼ right

- 1-2 LF to left, RF to right with 1/4 left turn (12:00)
- 3&4 1/4 left turn, run forward left right left (9:00)
- 5-6 RF cross over left, step LF back
- 7-8 RF to right with 1/4 right turn, step LF next to RF (12:00)

PART B (32c)

Section 1 : Kick & point x 2, 3 steps back, unwind 1/2 turn left

- Kick RF forward, step RF next to LF, point LF to left 1&2
- 3&4 Kick LF forward, step LF next to RF, point RF to right
- 5&6 Walk down right left right
- 7,8 Touch LF behind RF, unwind 1/2 turn left, ending weight on left

Section 2 : R side rock recover, RF behind left, L side rock recover, LF behind right, R side rock recover

- 1-2 RF to right, recover to LF
- 3-4 RF behind left, Lf to left
- 5-6 Recover to RF, LF behind right
- 7-8 RF to right, recover to LF

(B-: Restart after this section)

Section 3 : R diagonal forward, step back left popping R knee x 2, forward together twist R, L, R

- 1-2 RF small step diagonal forward, step on LF and popping right knee at the same time
- 3-4 RF small step diagonal forward, step on LF and popping right knee at the same time
- 5-6 RF forward (squaring back), LF next to RF
- 7&8 Twist both feet together to right, left, right





牆數:2

Section 4: L rock forward recover, left coaster step, R forward pivot ½ turn left, walk forward right left

- 1-2 Rock LF forward, recover on RF
- 3&4 LF back, RF step next to LF and forward LF
- 5-6 RF forward, pivot ½ turn left
- 7-8 Walk forward RF then LF

Enjoy and feel free to put your traditional flares to this fun song!

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