

# Wild & Free

COPPERKNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Isabelle Dréau (FR) - November 2021  
音樂: If I Was a Cowboy - Miranda Lambert



Intro: 16 counts

## [1-8] BACK R & L, COASTER STEP R, WALK L & R, TRIPLE FWD L

1-2            Step right back, step left back  
3&4           Step right back, step left together, step right forward  
5-6           Step left forward, step right forward  
7&8           Step left forward, step right together, step left forward

\* Restart on wall 3 & 7

(Option 1-2 : Back Full turn Right)

## [9-16] STEP R ½, TRIPLE FWD R, STEP L ½, TRIPLE FWD L

1-2            Step right forward, pivot ½ turn left (6h)  
3&4           Step right forward, step left together, step right forward  
5-6           Step left forward, pivot ½ turn right (12h)  
7&8           Step left forward, step right together, step left forward

## [17-24] SWAY R & L, TRIPLE SIDE R, CROSS ROCK L, TRIPLE ¼ L

1-2            Step right to right side (swinging the hips to right), recover weight on left (swinging the hips to left)  
3&4           Step right to right side, step left together, step right to right side

\* Final

5-6            Cross left over right, recover weight on right  
7&8           Step left to left side, step right together, ¼ turn left & step left forward (9h)

## [25-32] MAMBO R & L, OUT OUT, IN BACK

1&2           Step right forward, recover weight on left, step right back  
3&4           Step left back, recover weight on right, step left forward  
5-6           Step right diagonal Right, step left diagonal left  
7-8           Step right back (center), step left together

\* Restarts

Wall 3 (begin on 6h) : After the section 1 (6h)

Wall 7 (begin on 9h) : After the section 1 (9h)

\* Final

Wall 9 (begin to 6h) : After 20 count add :

STEP L ½, STEP L

5-6            Step left forward, pivot ½ turn right  
7                Step left forward

**RESUME THE DANCE AT THE BEGINNING AND KEEP SMILE !!**