Loose Change



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Tim Johnson (UK) - October 2021

音樂: Loose Change - Koala



Count In: Dance begins after 4 counts (After the track says "get out of here")

Notes:-

Restart on wall 4 after 16 counts, restart dance to the 6 o'clock wall.

Tag happens to the back wall at the end of wall 8.

[1-8] Walk L, R, L shuffle, out out, in in.

1 - 2 Walk forward L (1), Walk forward R (2)

3&4 Step L forward (3), Step R next to L (&), Step L forward (4)

5 - 6 Step R forward to right diagonal (5), Step L forward to left diagonal (6)

7 - 8 Step R back to centre (7) step L next to R (8)

Optional arms: (follow the feet) push both arms up diagonally to the right (5), Push both arms diagonally up to the left (6), push both arms diagonally down to the right (7), push both arms diagonally down to the left (8)

[9-16] Side rock R, recover, weave, ¼ L, ¼ hitch, side, touch

1 -2 Rock R to right side (pushing hips forward) (1) Recover weight to L (pushing hips back) (2)

3&4 Step R behind L (3) Step L to left side (&) cross R over L (4)

5-6 Making a ¼ turn to the left step forward on L (5) Making a ¼ turn to the L, hitch up R knee (6)

[6:00]

7-8 Step side R (7) Touch L next to R (optional to slap R hand on right rear pocket) (8)

*Restart happens here on wall 4. Restart the dance to the 6 o'clock wall (you will be facing 9 o'clock following count 16 - make a 1/4 turn left when you step forward on L for count 1 of the restart)

[17-24] L side, weave, step L, R 1/4 shuffle, L 1/2 shuffle

1 Step L to L side (1)

2&3 Step R behind L (2) Step L to left side (&) Cross R over L (3)

4 Step L forward (4)

5&6 Making a ¼ turn left, step R to right side (5) step L next to R (&) step R to right side (6) [3:00] 7&8

Making a ½ turn to the left step L to left side (7) Step R next to L (&) Step L to left side (8)

[9:00]

[25-32] Cross R, ¼ L, R coaster, ¼ hip bump, ½ hip bump

cross R over L (1) Making a 1/4 turn right, Step back on L (2) [12:00] 1-2

3&4 Step back on R (3) Step L next to R (&) step R forward (4)

5-6 Making a ¼ turn right touch L to left side (option to bump hips) (5) step down on L (6) [3:00] 7-8 Making a ½ turn right touch R to right side (option to bump hips) (7) Step weight down on R

(8) [9:00]

TAG - End of wall 8

[1-8] Step, clap, step, clap, step, clap x2, cross, ¼, side together side

1&2& Step L forward (1) Clap (&) Step R forward (2) Clap (&)

3&4 Step L forward (3) Clap x2 (&4)

5-6 Cross R over L (5) making a ¼ turn right stepping back on L (6)

7&8 Step R to right side (7) Step L next to R (&) step R to right side (8) [9:00]

[9-16] Step, clap, step, clap, step, clap x2, cross, ¼, side together side

1&2& Step L forward (1) Clap (&) Step R forward (2) Clap (&)

3&4 Step L forward (3) Clap x2 (&4)

5-6 Cross R over L (5) making a 1/4 turn right stepping back on L (6)

7&8 Step R to right side (7) Step L next to R (&) step R to right side (8) [12:00] [17-24] Step, clap, step, clap, step, clap x2, cross, ¼, side together side 1&2& Step L forward (1) Clap (&) Step R forward (2) Clap (&) 3&4 Step L forward (3) Clap x2 (&4) 5-6 Cross R over L (5) making a 1/4 turn right stepping back on L (6) 7&8 Step R to right side (7) Step L next to R (&) step R to right side (8) [3:00] [25-32] Step, clap, step, clap, step, clap x2, cross, ¼, side together side Step L forward (1) Clap (&) Step R forward (2) Clap (&) 3&4 Step L forward (3) Clap x2 (&4) 5-6 Cross R over L (5) making a ¼ turn right stepping back on L (6) Step R to right side (7) Step L next to R (&) step R to right side (8) [6:00] 7&8 [33 -40] Cross L, Back, Side, Cross, run full turn & touch 1-2 Cross L over R (1) Step back on R (2) 3-4 Step L to left side (3) Cross R over L (4) 5&6&7 Making a full turn to the left, run round in a circle- L (5) R (&) L (6) R (&) L (7) Step R to right side (end of circle run) (&) Touch L next to R (8) [6:00] 88

End of dance, Smile and enjoy □